



Dr Petr Simeon
Gajdos



No. V

SAMPLE CASE

OZONUM

March 2020

I'm the **FREEDOM**-fighter,
the **POET**, who **LIGHTENS UP** all,
who honours the memory of those
who died for **YOU**,
sacred **WORLD** freedom!
the **FREEDOM** to **BREATHE IN** freely
in **PROTECTED** but **INTERCONNECTED** lives.



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Anne Schadde for remedy proving

Dear colleagues and friends,

17th April 2020

The case was already published several weeks ago. The presented updated version features a very interesting follow-up. I have described what challenges you might expect in your therapeutic practice when you collaborate with Ozonum clients. I have added extensive comments to the follow-up and explained their behaviour in connection with PERSONAL VISIBILITY. I have discussed **eye symptoms** of ozone in detail.

I hope you will enjoy the follow-up and will be able to implement its findings successfully in your practice.

Yours sincerely,
Petr

Preamble:

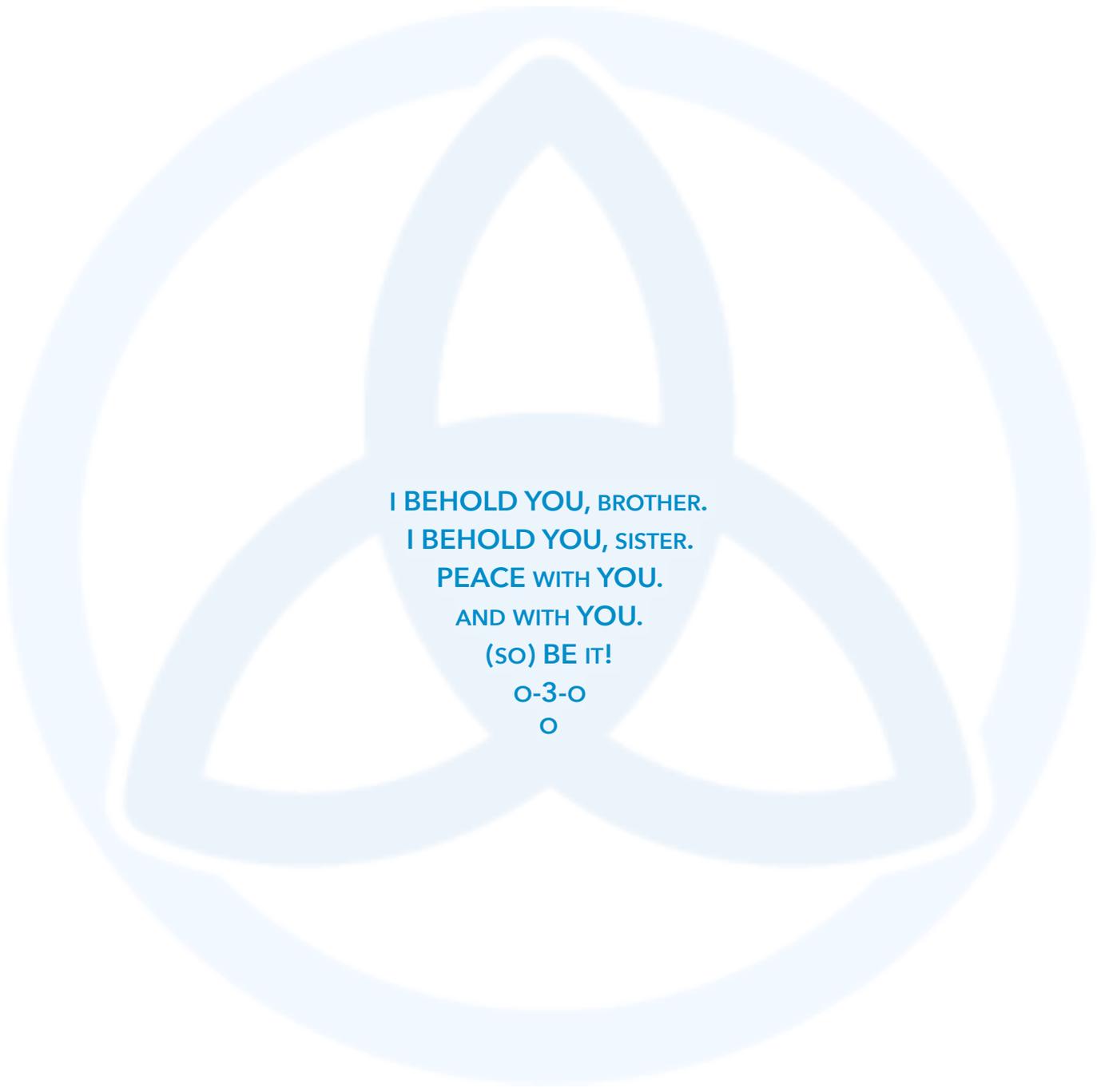
The client gave her permission to publish the case.
Case is slightly modified to maintain anonymity and fluency of the intake.
Date of the intake - March 2020 by phone (audio only).
Client - woman 47 years, mother of two sons, vegetarian

Case Background:

The client is recovering from a mild respiratory virosis. CoVid 19 testing was not recommended by authorities. She believes that the virosis may have been caused by coronaravirus. At the same time, she cannot be sure without a test. This poses a certain risk as she may still be infected in future. She is worried about the infection, especially about possible breathing difficulties. She lives with her husband and their younger son in a house in the countryside. The older son is now independent and lives with his partner. Before quarantine measures and promulgation of martial law she worked as a masseuse and cranio-sacral therapist, she is self-employed. She was forced to suspend her practice. As I am transcribing this case for publication, I learn about similar measures now being announced by the British Government.

Note:

I left the sample case No.V without comments in the central part. Essential phrases and metaphors are emphasised for more natural orientation. I inserted rubrics bellow patient's expression to enable recognition of creative but practical use of rubrics.



I BEHOLD YOU, BROTHER.
I BEHOLD YOU, SISTER.
PEACE WITH YOU.
AND WITH YOU.
(SO) BE IT!
O-3-O
O

Interview:

(verbatim)

Dr: doctor, C: client

Dr: How can I help you?

C: I'm pissed off and frustrated. I do not know what kind of viruses it was (*in her voice I can hear the fear that it could have been the coronavirus*). In the morning I felt really horrible, everything hurt. Then the pain seemed to **get wiped off in layers**, still mentally I am very much pissed off. It pisses me off outside that there is a cold wind and that it has gotten so cold. It never bothered me before.

C: I feel mentally **poisoned. It probably corresponds with the atmosphere in the air.**

(*) It's not a nice state of being. Also my teeth hurt lately. I'm tired of watching movies. The joy is gone. I do not have a feeling of joy, it is not a pleasure anymore. I haven't had it in the last days. **As if I had completely disconnected from the inner world.** It's like I lost contact. I have a feeling that I lost the inner wealth I had and now I don't have that wealth.

[Mind; cares, worries, full of; money, financial matters, about]

[Mind; dreams; house, houses; painted white, with refugees]

[Mind; delusions, imaginations; separated; mind and body are]

(*) at this point the remedy is obvious

C: The loss of contact with the inner world is unpleasant. It is related to the loss of experiencing, all of a sudden everything got numb. I don't enjoy reading or doing anything. Watch movies. It's not a pleasure. There's no sense of humour. I listen through the Cimrmans, which I like, but it didn't do anything for me either. I do not know what's happening. (*Cimrmans - comedy audio recordings, a kind of a Czech sitcom*).

[Mind; dreams; visit, visits; making; friend, to a, who is not at home]

[Mind; delusions, imaginations; separated; world, from, one is]

[Mind; sensitive, oversensitive; want of sensitiveness; stone, feels like dead, insensitive]

[Mind; delusions, imaginations; heart; has no]

[Mind; unfeeling, hard-hearted]

C: There is a sense of **indifference to oneself**. I do not even want to take a bath and I did have it differently, in the past. I just don't want to take care of my body at all. I force myself to do anything, everything. There is indifference and disinterest in it.

[Mind; indifference, apathy; weariness, with]

[Mind; indifference, apathy; everything, to]

[Mind; indifference, apathy; external things, to]

C: I don't know how you are going to send me the remedy. Can it be ordered when everything is closed? Or the customs will obstruct the packet on the border. **I'm fucked!**

C: **The feeling of dissatisfaction can be dispelled by food.** I cook now and good food at that. But it's just a momentary satisfaction. Overall, I am sore. My back hurts. I have muscle, bone and wrist pain. I force myself to clean up, to wash. I'm stiff. I force myself into everything and with aversion to it.

[Stomach; appetite; increased, hunger in general; emptiness, with]

C: In the morning before I can move. My **back hurts**, takes ages to put my socks on. I'm **like an old lady**. A rather gloomy feeling. **I am indifferent towards myself, I do not enjoy anything, I have to force myself into everything. Loss of interest and joy.** I don't know what more to say.

[Back; stiffness; painful]

[Back; stiffness; painful; board, as from a]

Dr: Please talk about how you are now?

C: I feel frustrated, fed up, I mean totally. It bothers me that **I have lost contact with my inner world.** It makes me nervous and sorry, because I've lost something valuable. My teeth annoy me, they hurt. I had a seed stuck there, **it fired (pain) into the brain.** The dentists don't work now. I have sensitive teeth now, even my teeth-necks, some hypersensitivity again.

[Teeth; sensitive, tender]

[Mind; sensitive, oversensitive; impressions, to all external]

C: I have the sense of smell and taste, but hearing! I am hypersensitive to sounds, it bothers me. On the one hand, I can see how the world has calmed down; it is in that silence that sound is now carried around, louder and more pronounced.

Dr: Do you mind specific sounds?

C: **I do not like sounds of an engine.** Silence suits me and if there is any sound, it bothers me. Loud engine sounds, chain saw and all. I say shit, I want solitude, nature and not to listen to chainsaws.

C: It also pisses me off that soon time will shift into summer time (*daylight saving time*) I do not like it.

Dr: And besides the motor sounds, do you mind any other?

C: Those sharp, roaring noises. **Lawnmowers and chainsaws**. It irritates me, the sound. It's so intense. As if I my hearing is better and the sounds are more unpleasant. Is this a sign of increased sensitivity?

[Mind; irritability; noise, from]

[Mind; sensitive, oversensitive; noise, sounds, to, agg.; mechanical]

[Generalities; pain; noise agg.]

C: Although I can feel a relief physically (after virosis), the contact with the inner world has disappeared.

Dr: I'd like to know more, must this be annoying?

C: I don't have dreams, they are hard to remember. For me, when I stop remembering dreams, it's an indicator of losing contact with the inner world. In the evening, I liked **putting my hands on my stomach and breathing and feeling connected there**. Now I put them there, it's nice, but that's it.

[Mind; dreams; visit, visits; making; friend, to a, who is not at home]

[Mind; dreams; conversations]

[Mind; delusions, imaginations; connected; everything is]

Dr: When you put your hands on your stomach, you felt connected, what do you mean?

C: Whatever it was... I got interesting thoughts, different inner experiences and images would come to me. Now I have nothing in my head, nothing comes, or just bullshit that distracts. I can't tune into the inner world now. **I have no contact**. I am in total normality where one just eats and drives it all away with food.

[Mind; delusions, imaginations; separated; mind and body are]

Dr: Please tell me how you do it, how do you connect?

C: I don't know, it just happened on its own. Now that it doesn't happen, I don't know how I actually did it. Perhaps from the calmness came visions, ideas and thoughts. And now nothing happens. **It's a state of nothing!** It's not nice.

[Mind; emptiness of mind, sensation of]

[Generalities; emptiness, hollow sensation; internal]

Dr: Please describe the state of nothing to me?

C: Nothing comes, no thought, no idea, no image. **Empty!** I do not like it. **The emptiness that leads to hunger and dissatisfaction**. It's not that kind of emptiness when you clear your head. It is just empty NOTHING!

[Mind; emptiness of mind, sensation of]

[Stomach; appetite; increased, hunger in general; emptiness, with]

Dr: I understand that you are now FULL of empty NOTHING!

C: **It's a vacuum. Like nothing nothing** (like nothing squared by nothing, really nothing). And I'm sick of it.

Dr: Tell me more about that?

C: **It's emptiness, the dark one. Dark empty matter - sees, hears and feels nothing, no contact. It was as if I found myself out of wealth in a complete poorhouse.**

Where there was beauty, warmth, satiation, beauty and now it's the opposite.

Poorhouse! I find nothing, and I'm not in touch with any of it. The only bright moment is when I eat something.

But it has no quality of satisfaction. I don't feel it's depressed. Rather, it feels like **POISON. There was poisoning.**

It is the situation

(coronavirus epidemic / martial law) that I am experiencing. Those prohibitions and

restrictions. I was not directly affected, I was not socialising that much, but it bothers me.

There's a difference if I want or don't want something, and when I can't (not allowed)!

Even the walks outside are not allowed. You'll get a fine right away.

[Mind; colours; desires; black]

[Mind; dreams; snow; polluted by industry, poisonous]

[Mind; dreams; water; poisoned]

[Mind; dreams; water; black; tar, like]

[Mind; dreams; colourful; white; a luxury car is washed with mud]

[Mind; dreams; house, houses; painted white, with refugees]

Dr: Do you like walking?

C: **It's staying out in the fresh air and sunshine, I love it very much. But as it got cold now, not anymore. About seeing the trees that blossomed. The annoyance of prohibitions and restrictions.** No one knows what comes of it.

[Respiration; deep; desires to breathe]

[Generalities; air; cold; agg.]

[Generalities; air; open; desires]

[Generalities; walk, walking; amel.; air, in open]

[Mind; embrace, embraces; trees, wants to embrace]

[Mind; walk, walking; amel.]

Dr: How do you perceive these prohibitions and restrictions?

C: It hit me hard in the feeling that **it wasn't my choice**, whether I want something or not. There is a clear prohibition that I must not, and that bothers me. Although much has not changed for me externally, but the feeling! It's restrictive, like it is during a war. **It is a restriction of personal freedom all the way to the bone marrow!**

[See case No.K]

Dr: Do you feel like limiting personal freedom to the bone marrow!?

C: Everything is forbidden and is penalized. **The free choice is to decide what I want and what I don't want.** Although I understand why the restrictions and the things (all the measures) are in place.

Dr: Yes, most understand that some measures had to be taken. But it has an effect on you as if a restriction of personal freedom goes to the bone marrow !?

C: It hit me without realizing how much it bothers me. I cannot go where I want to **because of directives from higher places. I have been deprived of my free choice** in what way I want and do not want to decide things. It's important to me and the limits bother me. Being able to decide how I feel and need it in a given moment. E.g. **to go for a walk in the fresh air.**

[Mind; delusions, imaginations; influence, is under a powerful]

[Mind; freedom; remarkable, in doing what he had to do]

[Mind; will; weakness of]

Dr: Describe it, please, what would it look like if it were optimal?

C: I'm content that I am **FREE**, that I have my **FREEDOM**.

Dr: Please explain?

C: To make a decision from one minute to another, to make a decision and do something that is not allowed now. **The impulse to decide** was taken away from me and banned. Then the joy is missing. As I decide myself, I start to look forward to it and I will make it happen. And now it is just you must and you must not. That was so hard to live all through my youth. This is being uncovered/revealed to me again.

Dr: Do you mind if I ask again about freedom and free-dom?

C: I was denied this in my childhood. The **possibility of a free decision and freedom.** I guess I'm sensitive to it.

Dr. Can I ask how you experience it, I mean the possibility of a free choice and freedom?

C: It gives me a feeling of joy, satisfaction, I can do this or that. **I can make choices on the impulse**, I don't have to plan to make free choices at the moment. **I don't like being restricted.**

[Chest; constriction; walk, walking; amel.; air, in open]

Dr: Well, it must be tough if someone restricts you!

C: **I get angry and it pisses me off. The freedom, the principle that I can't make the decision I want, but that I'm forced to make. If one wants to adapt, and it may not be nice to a person, but I want to do it because it can do some good, so ... It's a difference between I want and I have to. There is coercion and the feeling that I feel cornered and that leads to fury, resentment, dissatisfaction.**

C: I have the same feeling when I have to make myself to go and wash my clothes. (I do not like it) but it is my free choice.

Dr: How would you define yourself in relation to a free choice? What does this mean for you?

C: Important !!! Incredibly important! Because I can make my own decisions.

Dr: It's important, try to tell me why?

C: I have my **own AUTHENTICITY** when I can make my own decisions. **I am in myself, the ONLY one who decides** whether **I have to / do not have to, I want to / I do not want**. I do consider others, yes, it all belongs to this, when there is its **own authentic will!** And this is important for me !!!

Dr: This is a very strong will of uniqueness! Where do you feel it in your body?

C: My back came to mind. **I will bend down before whom I want and not before whom I must. I can feel the spine there.** A sense of free choice whom to bend down in front of. It's an internal stability.

Dr: How do you experience inner stability?

C: Certainty / uncertainty. The source of internal power.

Dr: Anything else?

C: I don't know what next.

Dr: Please describe the current physical problems?

C: A strange muscle and wrist pain. I'm still cold, I have icy cold hands. I can't get warm. Overall, I am not warm and I am not cold. It is worse (cold) when I want to **get rid of the steam** from cooking and I have to open the window. **I like to ventilate and when I cook, I need my oxygen supply.**

[Respiration; deep; desires to breathe]

[Generalities; air; open; desires]

[Generalities; air; open; amel.]

[Mind; dreams; pursued, of being; witch, by a, creeps from under the door like a haze]

[Smell; acute, too, oversensitive to; odours, for]

[Mind; sensitive, oversensitive; odours, to]

[Generalities; gasses, fumes, smoke, vapours agg.]

Dr: You need an oxygen supply while cooking, okay?

C: I need **the window wide open as the steam rises** from the pots. **If I had the windows closed, I would feel panic that I would suffocate.** I just have to air the room. There is **condensed moisture, odours and smells. When it accumulates, the air is heavy. I don't like wet heat, GREENHOUSES and tropical moisture.** So I have to open the window. **I cannot breathe. It feels heavy and unpleasant.** A feeling of sticky, heavy breathing in the damp. It's sticky and heavy.

[Mind; delusions, imaginations; bell over him, transparent]

[Mind; dreams; house, houses; walls of glass, with]

[Mind; dreams; house, houses; crystal and marble, built of]

[Mind; dreams; pursued, of being; witch, by a, creeps from under the door like a haze]

[Mind; sensitive, oversensitive; odours, to]

[Smell; acute, too, oversensitive to; odours, for]

[Generalities; inspiration; agg.; foul odours]

Dr: Sticky and heavy in the kitchen?

C: The **sticky-ness and heaviness of not only the air but also in the body. Every step is strenuous.**

[Extremities; heaviness, weariness; legs; walking; while]

[Extremities; heaviness, weariness; weakness, with general]

[Generalities; weakness; heaviness, with]

Dr: Please talk about your trouble again.

C: Still to the point of the difficulty in moisture. I fully recalled a comparison to a feeling as if **I had to move through thick warm oil**. Not in water, but in oil. **Not only every move or step is difficult for me, but even to think or talk**. When it is extremely hot and damp. It is so unpleasant for me.

[Mind; dreams; house, houses; tarring the floor]

[Mind; dreams; water; black; tar, like]

[Extremities; heaviness, weariness; weakness, with general]

[Generalities; heaviness; leaden]

[Generalities; weakness; heaviness, with]

[Generalities; weariness; heaviness of limbs, with]

C: The extreme of it I experienced when I spent time in the dark (retreat). It was summer, hot and raining all the time. So there was **terrible humidity in the air**. And where I was, of course, there was **no window so I could ventilate**. There were only some vents. I was literally in a **GREENHOUSE** and all cotton underwear was wet.

[Nose; obstruction, stopped sensation; sauna agg.]

[Mind; dreams; house, houses; walls of glass, with]

Dr: What do you mean by the greenhouse, please?

C: **100% warm damp** Amazon forest. So I had fun with this somewhat brutal experience the whole week. At some point, the fourth day it escalated into a crisis. My head created an extreme problem that I felt not only that my clothes were wet, but that **I was literally lying in the water**. Which almost led to me marching out of the cottage and quit my stay. But fortunately, the gentleman agreed to bring me **dry sheets every day and to vent the cottage well**.

[Mind; delusions, imaginations; bell over him, a transparent]

[Mind; dreams; house, houses; walls of glass, with]

[Mind; dreams; house, houses; crystal and marble, built of]

Generalities; weather; damp, rainy, wet; agg.]

[Mind; dreams; pursued, of being; witch, by a, creeps from under the door like a haze]

Dr: What does it mean that you were lying in the water?

C: There was a lot of humidity and I had all my underwear and clothes wet. Everything was damp and wet. And that was totally unbearable for me. Firstly it was **stuffy, it was impossible to breathe in it and especially the feeling of dampness**, which was disgusting for me. So I really "savoured" that week there.

[Mind; dreams; breathe under water, she can]

[Mind; dreams; water]

[Mind; dreams; water; people; bathing]
 [Chest; water; sensation]
 [Chest; water; sensation; bronchial tubes]

Dr: So stuffy, damp...

C: I don't like it.

Dr: And then I ask about it "like in the water", how did you feel?

C: Yes, **like I'm in the water.** Of course I was not lying in any water. But the cotton was really damp and feeling wet. Probably like having your clothes tumbled well in a washing machine. It's still wet. That was psycho for me. But fortunately, we made a reasonable deal and thank to this I managed.

[Mind; dreams; water; people; bathing]

Dr: You say you felt you couldn't breathe in this.

C: Yes, I could not breathe. It felt like I was suffocating.

[Chest; water; sensation; bronchial tubes]
 [Respiration; deep; desires to breathe]

Dr: Will you tell me about the suffocation? You can't breathe...

C: An **intense feeling of a lack of fresh cool oxygen.** It is scarce in the stifling heat. Water, humidity prevails. **And the moisture overwhelms my lungs and overwhelms all of me. And I need freedom of air, flow, freshness. Stuffy overwhelms me in such a way that I feel like I'm choking, I can't breathe in.**

[Chest; water; sensation; bronchial tubes]
 [Chest; water; sensation]
 [Respiration; deep; desires to breathe]
 [Mind; dreams; water; people; bathing]
 [Generalities; water; dashing against inner parts, sensation of]

Dr: And what do you mean it floods your lungs with water?

C: **Moist air is full of condensed water. Tiny droplets of water that you inhale.** It is not like this with normal dry air.

Dr: Yes, and how do you perceive what is going on?

C: It makes me physically uncomfortable. **All the while I feel an oxygen deficiency, I can't breathe enough, that I really lack oxygen. And for me it goes to the point of pain. The lack of oxygen or the feeling of lack of oxygen.**

[Mind; delusions, imaginations; choked, of being]

[Throat; choking, constricting]

[Respiration; deep; desires to breathe]

Dr: Feeling pain?

C: Yes.

Dr: Where is the pain? Or what do you mean by the pain?

C: **My whole being hurts from feeling I can't breathe that I'm choking.**

[Mind; delusions, imaginations; choked, of being]

[Throat; choking, constricting]

[Respiration; deep; desires to breathe]

Dr: The whole being?

C: **Me. My whole body.** I think that is related to the fact that I was born choked. Another thing that I was drowning in the sea at the age of nine. That seems to be related to all this. There is panic and pain, which is not directly physical, I guess it is probably psychological. But it hurts me almost physically.

Dr: So your lungs are flooded with water...

C: Yes. **The feeling that I can't breathe, I can't breathe in. Again, it is somehow related to freedom, flow, oxygen.**

[Mind; delusions, imaginations; choked, of being]

[Chest; constriction; walk, walking; amel.; air, in open]

[Mind; freedom; remarkable, in doing what he had to do]

Dr: How does that relate to freedom?

C: **Fresh air, enriched with oxygen and OZÔNE ... after the rain, it's wonderful to breathe. It is a different kind of humidity when it's after the rain. I can take a deep, free breath into my lungs. And whatever prevents me from doing so, such as the damp heat, it feels like a lack of freedom. That I'm trapped in something and there's no escape. The need to breathe in freely is, then, great.**

[Mind; delusions, imaginations; choked, of being]
[Mind; delusions, imaginations; trapped, he is]
[Mind; dreams; house, houses; walls of glass, with]
[Mind; freedom; remarkable, in doing what he had to do]
[Respiration; deep; desires to breathe]
[Chest; breathing; difficult, with]
[Generalities; weather; damp, rainy, wet; amel.]

Dr: If you don't mind, we can quit now. I will send you something for free breathing and I would also like to ask if I can publish your case.

C: Thank you, and of course.

Dr: And I have to thank you for this on behalf of other patients too. Because your story will help a lot of people.

C: Oh, I'm glad.

Dr: I look forward to hearing from you about how you are doing after taking the remedy.

Rx: OZONUM LM2 drops daily

Follow up

The second day after the first dose of the prescribed remedy, by phone.

C: I'm calling in, as agreed.

Dr: How do you feel today?

C: **I can breathe better and I feel that I do not have to exert myself to breathe in. It is easier and works as if by itself.**

Dr: Are you observing anything else?

C: The persistent **back pain is releasing**. It travels through the hips. I feel that there is a new pain in my hips, but it releases the pain in my loin area. And out from my back.

Dr: Anything else?

C: I was up early today and I could observe as **the sun started shining through the windows**.

Dr: And when you see the morning sunshine, how does it affect you?

C: Of course it's a beauty and a joy. **It is a great positive force.**

Dr: Ah, positive force. So we will continue with the remedy, the same dose, and I will look forward to further news.

C: OK

Note: *In these conversations typical expressions after a successful prescription are used.*

Follow up after weeks:

Occasionally, I was getting shorter and longer text messages from a client stating that she was doing well. She had been through an unspecified stressful situation and wished to talk to me. She reached me when I was on duty (at the emergency department). I recommended her installing ZOOM.

I have been using ZOOM for accepting new cases while the quarantine measures are in place. My mobile phone was not working – the recording function was out of order. I did not have much time to explain or talk any longer. I only passed the instructions on using the ZOOM app to the client and we scheduled a meeting for the following day to discuss whatever was needed by the client.

The next morning I found the following email in my mailbox:

Hello,

I have to apologise but I'm cancelling the scheduled appointment. After the call the day before I couldn't go on. Actually, I don't remember much of it. After it finished, a **feeling of annihilation completely overwhelmed me.**

If you had let me speak (*) I would have told you that I **hate cameras.** I know that I agreed and should have told you about it immediately instead of asking about ZOOM sign-up details. **But I just can't give them the details!**

(*) (N.B. ??? - I don't know what her point was, to me, it was a formal call to help her finish the installation of the application and schedule the time of the meeting)

(N.B. Filling in the sign-up details for ZOOM that make it possible to associate the email address of the applicant with a unique identification number and providing personal details were an insurmountable problem for her).

You are required to sign up and provide **personal details** everywhere. It made me feel sick. I had **stomach cramps, was running to the bathroom, my head was spinning, then it even hurt. My hands were ice-cold, I felt unpleasant pins and needles for some time even in my body.**

I was **determined to stand the video call and make it, but the body gave a clear signal** that I was not OK with that. It all came back to me when I was making dinner and I was feeling worse and worse.

(N.B. Initially, she feels annihilated because I suggested using ZOOM, subsequently, she believes to have lost control of her body, to be the victim of her body, to be an object of someone's or something's actions, with her body being the latter).

I respect that from your perspective ZOOM is a reasonable working tool. But I don't know what to do not to shit my pants because of it every single time.

I was feeling worse and worse that night. I had to take a walk and have a good quiet cry in the dark.

(N.B. not at her home, somewhere off, not to be seen by anybody)

I realised an important fact. **For me, the camera is a symbol of control.** Because what it stands for is:

I can be seen.

I am being controlled.

I have to control myself to...

And this is what I absolutely hate.

This is what my mother was doing to me.

She used to control, supervise, and watch me incessantly, asked me questions all the time, interrogated me. There was nothing I could do just like that. **Nothing escaped her attention.**

A permanent control terror.

And she would not let me say easily what I wanted. I had to keep my mouth shut and obey. My opinion was not given a voice. This is what the call reminded me of.

(N.B. The call was about providing additional information about the installation of the app and scheduling the date. The client has a feeling that she wasn't heard. She blames me that my request for a video call caused her mental harm with somatization. She claims that I pushed her (?). It reminds her of childhood and her mother's behaviour. In her eyes I want to control her during the video call with the camera the same way her mother did, watch her or make her control herself in front of the camera. She wouldn't feel relaxed. She doesn't want any of these.)

I undoubtedly take the fact that you wanted me to sign up for ZOOM as a pressure!

I'm not going back there (in the sense of signing in the app again). I see no benefit in ZOOM. I may change my opinion one day but now it's an absolute NO.

Let's figure it out how to have a homeopathic conversation acceptable for both of us, please. I understand that recording is important but **I won't be alright in front of the camera.**

This (ZOOM) is not a choice of my own will! I'm in a sheer defiance of myself that cannot be drowned out by reason. And what it does to me eventually is not a good signal for me.

I do apologise again but I'm cancelling the call on ZOOM. I suggest having a phone call as before.

Regards,

XYZ

I have experienced a similar attitude with Ozonum cases before but this was the first time it was so extreme.

Some clients have made arrangements in advance that the camera would be off in the app. Others have just required not to make any video records. Others pretended to be willing to turn on the camera but it was not working at the moment or their hardware

and software were not communicating. And there were other similar tactics to prevent them from a single fact, **being SEEN!**

I answered my client via email. I apologised for my inability to recognise how afraid she was of the camera. I recommended LM3 to her, one drop into a glass on the first day and to drink it slowly during the day. The following day she sent me a text message similar to that mentioned below in the Follow-up. The remedy was effective immediately.

After that, the client herself suggested recording the call on her mobile device. She would then transcribe the recording and send both the recording and report. I was impressed by such cooperation. I appreciated her help and eventually, we successfully sorted everything out to mutual satisfaction. The follow-up is a faithful transcription of the recording done by the client herself. She was happy that the remedy had helped her and wanted to contribute this way to others.

Approximately one week after starting the LM3 potency. The follow-up is done over the phone.

Dr: How are you? I got only positive text messages.

C: I would like to get back to the ZOOM issue and apologise to you. The remedy has helped me a lot again! It settled down fast. It made me feel good right away that I was feeling relieved. The kind of inner pressure or overload was gone immediately. The overload was **becoming looser** and kind of **wiped off (&)**. The fear or the overload was **wiping off gradually as if with a sponge**. You wipe a board with a sponge and it gradually **wipes off, calms down, smooths down, calms down**.

(&)

(N.B. like a coating of some dirt on a smooth surface)

C: And also... the same thing happened. I mean the same as for the first time. My breathing improved! Even though I haven't had any breathing problems recently, I feel the difference... it's noticeable... in the way the air is running through the LUNGS easily and effortlessly. How would I... like a sliding harmony (#) of the intercostal muscles. I also started immediately to become aware of the increased capacity of the lungs. As if I could breathe in again and catch my breath finally.

(#)

(N.B. something about a smooth surface, skating on the ice)

In the morning my eyes felt like they had some light in them, more light actually as if they were shining. That might be because of the oxygen in the body. There's a connection with my improved breathing. A kind of colourfulness and intensity of colours and it's persistent. Suddenly the world is more cheerful!

Dr: Is there something else you have noticed?

C: When I'm in tune with my body, I **stop feeling its borderlines**. The **borderlines delineated between the physical body and space**. They sort of **disappear and become blurred**. The feeling of **separation and clear borderlines** disappears. I have... I'm more **connected** with the outside ... and **with the natural world when I'm on a walk**, I am **part of the space** around me.

Dr. I see ...uh ..beautiful ...

C: When I close my eyes and am in tune with the unobstructed breathing, it feels like a **gliding, free flight of a bird** (N.B. the feeling, again, that the LAYERS don't CHAFE and RUB against each other, there is HARMONY, freedom, and ease, it is so to say "greased" and sliding; clinically I have also witnessed various pleural symptoms responding very well to the prescribed Ozonum. It is as if little clouds were floating in the sky absolutely free. Nothing stands in their way, LIMITS them, HOLDS them.). **I fly high in the sky, float and glide** ... in those air streams ... **I'm FREE AND INDEPENDENT!**

Dr: Excellent. I feel so happy for you. You have completely passed the feeling of freedom and independence on to me. What was it that you wanted to say about ZOOM?

C: The thing was that, rationally, I was determined, absolutely ready. But then, when I installed it and the SIGN-UP window popped up (#). So I felt so uncomfortable and turned it off again. And it became worse. I asked you about the sign-up and you said yes, right away, sign up for it and I'll see you tomorrow and then you hung up. I just wanted to tell you then that I was scared of it. **YOU DIDN'T GIVE ME SPACE!**

(#)

(N.B. Ozone patients hate keeping their records anywhere, they find it easy to misuse them as if it was a waitlist of sinners awaiting hell, lynch or persecution. The same applies to various dissident groups, persecuted social groups, even in the racial context, etc., they also fear that someone will misuse their details for targeted advertising and they will not resist it and will buy something they don't need.)

C: As a result, I was feeling worse and worse and gradually, I had all the physical symptoms I had described to you in my email. It started with an unpleasant pressure in my stomach. That kind of **nervousness as if before an exam**. Those weren't downright cramps, it was rather a **heavy pressure and increasing nervousness. So I started running to the bathroom**. And **the pressure from my stomach protruded to my head and made me feel dizzy**. And consequently a headache started. So my **hands were ice-cold**, then **pins and needles started in them**. This unpleasant **pins-and-needles sensation moved into my entire body**. About an hour later I noticed that my body had calmed down already. I was busy and my attention moved away from myself and as a result, I calmed down in the end.

[Mind; fear; dark, of; stool and urine, with urging for]

- this section accurately expresses what is happening with them, it is a symptom and dynamics that have been verified many times. Dark means the unknown, sometimes it is manifested the opposite way in the dynamics when the spotlights are aimed at them. One of my clients had to go for a number two five times during a homeopathic session. These unpleasant stomach sensations and urging for stool or urination were activated by my questions about his mental well-being. I solved the case thanks to this single section.

I suggest the following additions to the repertory

[Mind; fear; LIGHT, of; stool and urine, with urging for] OZONE

Dr: Describe that feeling as if before an exam, please. How is it similar?

C: There's something like ... I'm ready to go for something. I anticipate it, I'm **determined**, but those inner feelings of mine, those physical reactions of my body completely knock me out. And the rational part... All those emotions, reactions of the body, nervousness and how bad I felt about it in general, the reason actually was moved to the background. Suddenly I **didn't make it rationally**. I didn't make it rationally to carry on with the consultations over the camera. (N.B. They fear losing their self-control. They are scared of not being able to control their impulses. Those can be physiological needs, emotional impulses or thoughts they sometimes feel control them.)

Dr: You're saying that the reaction of the body and of the rational constituent is the same as before an exam. I'd need to understand that.

C: The exam has always been a form of stress. So it's a sort of form of stress.

Dr: Is it?

C: It is a form of an inner **struggle with yourself**. Like I'll make it, will manage, convince myself of it but the rest of an inner mechanism struggles with it. There comes an inner struggle that I didn't win rationally. An inner feeling is the winner.

Dr: What is happening at that moment?

C: Well, the fact that I actually won't make it in the end. My determination is great but what starts happening in me then is stronger and I won't make it then.

Dr: What is it that is stronger, that prevails?

C: My overall condition, the way I feel about myself at the moment. There's just some horror, some dread in it..

Dr: Is there any dread? What is dreadful? When I get back to the exam for instance, is there a danger in the exam?

C: That I won't pass the exam. When talking directly about the exam, I've studied for it, I'm just ready but... **my brain will stop, I'll have a blackout and won't know anything at all.** I started to feel this when I used to play the piano. It naturally required to perform in the public. So as long as I was playing in front of the teacher, I was playing great. Technically and in general, I played beautifully. And the moment I was supposed to **enter the stage and play to an audience, I was paralysed. My hands were deathly pale, I could see all the veins on my hands, they were stiff. A kind of paralysis occurred there, of the fingers...** How are you supposed to play the piano when they're stiff, when they're paralysed. This was something that was completely ruining me and as a result, I rejected playing at competitions because I couldn't manage. That was also a reason why I said no when **my mum and teacher pushed me** in Grade 8 to try a music conservatory, I wouldn't go through this. These public performances ruin me.

(N.B. This is a typical condition resembling to a shock developed with Ozonum patients. I naturally made a lot of mistakes here when prescribing Aconitum, Camphorum, Veratrum and other shock substances, or Latrodectus mactans and Latrodectus Hasellti and others, until I realised that this was an Ozonum condition.)

Dr: And the reason why those public performances make you so scared?

C: It may be still related to... the inability to be seen. To **show myself to others.**

Dr: To be seen, to show yourself to others? What is unacceptable about being seen by others for you?

C: You see, this (cries) I have no idea at all. My rational explanation was that I'm an introvert and it's easier to cope with it for extrovert people as they enjoy being seen... It's **a pleasure for them to show** what they can do. It's not a pleasure for me.

Dr: Would you like this for yourself if you could do that? Would you want it?

C: (Sighs) Well, sometimes I would, for sure. But then those my inner dreads always prevail (breathes in)... that won't let me do that.

Dr: May I ask what situation would be fine with you? How would it look like?

C: Well, (smiles) if I could not be seen.

Dr: If you could not be seen?

C: For example if I...When I'm talking about the piano, at that time, now I cannot play it anymore. But then. If for example if it could have been recorded in a studio and then played somewhere.

Dr: So if I understand it well, it would have been played under your name. Can you say what piece you would play?

C: My last one was the **Moonlight Sonata**, Beethoven.

Dr: So it would have been the Moonlight Sonata, recorded in a studio. What happens next?

C: I would have loved that. It would have simply been recorded somewhere and then it could have only been presented. And had it been appreciated, I would have had that pleasant feeling... That I've made it, that **it is seen, it is appreciated**. (Smiles). But me, personally, I don't have to be right there. I'm not **forced by the circumstances** to be present.

Dr: Let's say this would be the situation and someone would say, that's so beautiful. I'd like to know whose interpretation this Moon Sonata was. What will actually happen there?

C: The very first moment there will be an immediate nervousness. The nervousness, fear will kick in...

Dr: You won't have to play anymore. I'm just asking about the situation when you don't have to play. The feedback is positive, even a music reviewer responds. He says I haven't heard such a deeply felt interpretation of the Moon Sonata for long. I would like to meet the interpret and make an interview with him or her for my music journal. And you tell me now... you're saying initially, there's nervousness. What thoughts and feelings will follow and what is unacceptable?

C: I suddenly feel terribly embarrassed at that moment.

Dr: Will you try to say more about it?

C: I would be nervous to meet that person because... when I'm **exposed to such a visual attention**, I become terribly nervous and... My **brain feels like totally TURNED OFF** and I **don't know what I shall say. All of a sudden, I haven't got any thoughts.** I'm **paralysed by the horror** that, firstly, I don't know what to say... I feel embarrassed that I'm not able to say something... I actually start feeling ashamed of myself that I'm so incompetent. And that's a circle in which... I'm in it then and this what I'm going through, and logically, my brain is preoccupied with other things than throwing intelligent answers to me.

Dr: When someone, a person, fixes their eyes on you... The fact that I fix my eyes on you triggers this reaction. How do you perceive the fixed eyes?

C: Nervousness is the immediate reaction. Enormous nervousness and embarrassment.

Dr: That's a reaction. I did get this, we've discussed it, I understand it happens to you immediately like this. What I'm interested in is the moment before the reaction, actually the meaning of the look that makes you react the way you've described.

C: It's probably stupid but I feel that **I'll lose that freedom of mine**. It probably doesn't make sense.

Dr: Go on. Tell me about it. Feel free to exaggerate.

C: Until the **attention of those** ... anyone's... **eyes** is shifted to me... I feel relaxed, alright and kind of free. And the moment when the attention is shifted to me... I mean as if he set a **Sauron's eye** on me... probably as much as that.

Dr: Like this? I see, I see.

C: So **suddenly I just want to become absolutely small, not to be seen and... Hide myself... And don't ask me to say something now because I can't say anything, because I don't know what to say.**

Mind; delusions, imaginations; smaller; he is

Mind; dreams; horses; small, very

Mind; dreams; elephants; small, very, size of a dog

Mind; dreams; eyes; pupils are; square

Mind; dreams; eyes

Mind; delusions, imaginations; bell over him, a transparent

Dr: I'd like to know what it means immediately, that fixed eye of Sauron. Feel free to explain it using Frodo's story. You don't have to talk about yourself at all, but explain to me, what it means when you use this comparison from the Lord of the Ring.

C: **Wherever the eye of Sauron focused its attention**, there would immediately come **death, doom and destruction**. I'm not saying it's as brutal as this but there's some similarity with this in me.

Dr: Yeah, yeah, go on, please. You're free to exaggerate it completely, describe it using the film. It can be seen nicely there and I can understand it from there. If you understand my point, I'm not going to look at you, your feelings, but at Frodo Baggins instead.

C: (Laughs)

C: Frodo had his **task and was determined to make it**. He believed he would make it, he was ready to do it. But the eye of Sauron was just **so destructive that he had to hide himself from it** because he knew that if it noticed him, there'd be an **instant death**. It would come! The death would come. So he was **dodging, hiding himself, crawling, not to be seen**. In order to accomplish his task. Because he wanted to accomplish it.

Dr: Yes. He was determined to accomplish it. But he knew that if the look is on him, it means for him what you have described.

C: Yep. So it simply means complications. It means that the **gangs of those monsters swoop on him**, for instance. And that he just needs to be smart (smiles) and has to make it in a way to **accomplish the task without that attention**. So that the Eye of Sauron doesn't notice him. Like he has to hide himself **UNDER THE INVISIBILITY CLOAK**.

Dr: He has to hide himself under the invisibility cloak. And that helps...

C: That **saves his life** at that moment.

Dr: The invisibility cloak saves his life?

C: Um. **When the attention is gone, he can take the cloak off and continue with his journey. And accomplish what he wants to accomplish.**

Dr: That's a beautiful comparison. I think we'll be continuing with the creation of a transparent cloak that will protect from the Eye of Sauron but will make it possible for you to go your own way and accomplish what you want to accomplish.

C: Yes, yes... having Frodo's or Harry Potter's invisibility cloak (laughs)

Dr: Excellent. So, that's agreed, continue with your LM3 and I'm looking forward to hearing from you again.

= FINIS CORUNAT OPUS=

Commentary

For some Ozonum clients it really is enormously difficult to MAKE THEMSELVES SEEN. To stand up in the open space, fill it overtly with THEMSELVES and STAND ON THEIR OWN FEET, UPRIGHT [Translator's note: in the original text literally "with their backbone straight"], HEAD HIGH, without being ashamed of themselves and without feelings of insufficiency and inappropriateness.

See:

Mind; dreams; water; waves; high, of; putting him on land, on his feet

My suggestion to add rubric:

Mind; delusions, imaginations; back; spine, connects, earth and sky - OZON

Just as Frodo Baggins, they **will do anything not to be seen**. They will **dodge, hide, crawl**. They will hide themselves under the **INVISIBILITY CLOAK** that makes them feel **protected** so that the Eye of Sauron doesn't notice them.

It is of interest that they do not mind being heard. They even require their opinions, or wishes, and needs were taken very seriously when arrangements are made or in a conversation. They easily veer towards feeling overwhelmed by the opinions of others. They do not feel protected if they cannot express their thoughts (on it). We can see a wide variety of positions of the Ozonum clients on the axis of self-expression. On the one end of the axis, there is an entirely conscious concealment, blurring, evasive maneuvering, vague expressions and cliches that provide them protection against manipulation, domination, pressure, repressions and harm resulting from rejection.

This position is very amply represented among the Czech population. Most likely, it is related to the history of the country that underwent periods of repressions by its rulers both in the Middle Ages and the modern era. The current government has imposed numerous measures against the epidemics that strongly and negatively resonate with the issues of ozone. Mobile devices - phones being tracked, being traced. Those who have been tested positively for coronavirus are being watched and displayed via a mobile app to everyone in their surroundings. It is like in World War II in the countries under German occupation where Jews were compelled to wear the yellow star badge. Martial law has been declared quite soon in the Czech Republic that has deprived its citizens of many individual freedoms and rights. A lot of people feel a strong disapproval towards this step and many can still remember the communist regime it reminds them of. The resentment against the current prime minister is rising, on the other hand, his electorate is numerous enough to keep him in the office.

The other end of the spectrum is represented by clients who appear in the public, present their work but in reality do not show themselves. In front of themselves they put a kind of model inner person, I call it a PORTER or WARDEN who mediates their contact with the world. It is a GHOSTLY figure. When someone in their surroundings sees

through that or addresses it, they feel hurt, embarrassed and humiliated. They immediately come up with ways to PATCH THE HOLE IN THE SYSTEM, to FIX THEMSELVES and become COMPLETE again. It is reminiscent of a funfair balloon, filled with air, PUNCHED and DEFLATED. But they are not fully involved in it. They feel that it is just an ILLUSION for others. A ghostly figure with a purpose to conceal what is behind. A MIST or a CLOUD or a TRANSPARENT LAYER, membrane (see my article [Behind the transparent layer](#)).

They want to and need to protect their sensitive core and prevent violence against their personal freedom or breaking their will in a direct or manipulative manner.

Many Ozonum clients are capable of a public performance only when they are in a dominant role. When they are in an equal position or have to present themselves in an inferior role, they run away from the situation or will not admit it. If it happens, they feel terrible and somatise immediately. They might try a whole range of strategies like CAMOUFLAGE or MIMICRY but eventually, they feel that the outside world got into their system. I made many prescription mistakes and prescribed **mollusca** for this **SOFT CORE dynamics and STRUCTURED PROTECTIVE SHELL or surface** (mollusca, rather bivalvia than gastropoda).

As for **mimicry, along with the themes of tiredness, burden and pulling down, and while observing that they remain in a safe environment, I evaluated the condition as a Cuttlefish and Squid. I also prescribed all available octopuses such as BLUE RINGED OCTOPUS. Until I recognised Ozonum.**

Expansion and contraction

They are very capable of changing the SIZE and VOLUME and DENSITY of their **energetic body**, if I may call it this way. The point is that they can arbitrarily CONTRACT and EXPAND it. As a result they disappear from the tactile zone either by a swift reduction, contraction or they dilute the body energetics and expand. After they expand this way (ZONE OUT, i.e. beyond the zone of reach, touch), earthier types cannot touch them. The **INTERFACE OF CONNECTEDNESS** thus decreases significantly. It VANISHES INTO THIN AIR [Translator's note: in the original text it literally "disappears like steam over the boiling pot"].

Mind; delusions, imaginations; smaller

Mind; delusions, imaginations; smaller; he is

Mind; delusions, imaginations; smaller; things; are

Mind; dreams; elephants; small, very, size of a dog

Mind; dreams; horses; small, very

Note that both the elephant and horse are robust and powerful animals.

As for being seen, they long for an authentic intimate mental connection respecting individuality, uniqueness, authenticity and autonomy of the other party at the same time. Even here I made several prescription mistakes and prescribed the lanthanides.

If this theme is to be expressed through a visual dictionary, they speak about wanting to be **BEHELD**. They love the **Avatar film**. Not only for the colour BLUE but also for the idea of TWO WORLDS that they can go through freely passing through the imaginary VIRTUAL MEMBRANE. There's also a perceived similarity between the **little** people and **big blue** inhabitants of Pandora. Seeing does not stand for a focused look of the eyes, they are afraid of this. They feel that this penetrates them, stabs, sees through their very core, they cannot hide from it.

On the other hand, some of them enjoy a good rapport using eye contact, they feel being connected with the other person. They want someone to see them, BEHOLD them with an **expanded view, holistically, as a whole, without focusing on the individual parts of their selfness**. To reduce the look of the eyes and be BEHELD THROUGH THE LOOK OF THE HEART. THROUGH APPROACHING AND ACHIEVING HARMONY OF SOULS. This can be found for example in The Little Prince by Antoine de Saint-Exupéry.

**„It is only with the heart that one can see rightly;
what is essential is invisible to the eye.“**

Antoine de Saint-Exupéry,
The Little Prince

Secret agent, secret service

The eye of the big brother (bad big eye) is another variation on this theme. In most cases it reminds them of a dominant, controlling, inquisitive, hyper-protective parent who doesn't respect the autonomy and personal space (personal bubble) and borders. For instance they fear entering their payment card number in online applications or e-shops, they do not want to fill in their personal details on websites and do not want to keep their records in any registers. It makes them feel not free, susceptible an easy abuse or manipulation. That's why many of my clients haven't set up a Facebook account. They consider it an instrument of secret services and a highly sophisticated tool to track people, their movements and contacts. Some clients with a background in IT talked about the digital footprint and their activities to avoid being tracked, such as disabling the access to localisation services on their mobile device. Or a sophisticated log-in process into their e-mail accounts using a network of anonymous servers and other similar activities preventing the identification of the IP address (a unique address of your computer in the Internet).

Occulopathy

From the somatic perspective they suffer from various eye symptoms, predominantly from dry and burning tissues, a sensation of sand or a foreign object in the eye blown in it by the wind. They frequently have rashes and dry skin around the eyes. These get worse with sweat that stings and itches, or with the sun, or chlorine from pools containing chlorine-treated water. Periocular herpes can also occur. The eyes undergo the same expansion/ contraction dynamics that I have described with Ozonum patients on the energetic cover, if I may call it that way. Either subjectively expand, decrease, or contract inwards, however, pressure and an outwards expansion prevail.

Sometimes they worry about their eyes. They are scared of sharp objects and needles, similarly to what we know about Silicea or Sphingurus. They are sensitive to eye manipulation, they consider it an organ that is extremely sensitive in a tactile manner, that must be protected behind thick sunglasses from the sharp and piercing sunbeams.

Sometimes they have a vision condition and their sight needs to be corrected by glasses. Astigmatism, frequently myopia and others belong to these vision conditions. They may suffer from glaucoma, feel excessive pressure and fear becoming blind.

Sometimes they describe the sunbeams as LASER. I believe that on the symptomatic level this is an indication of the condition after a laser treatment. Before I discovered Ozone, I have trialed Comocladia, Paris a Ars-s-f without success. Another case was neuroborreliosis with damage to the optical nerve or it could be retrobulbar and optical neuritis with multiple sclerosis. Ozone can be a suitable remedy for Sjögren, or eye SICCA syndrome. There is a whole variety of eye syndromes here.

Visual Art - the language of the eye

The eye, seeing, knowledge, beholding, view, overview, horizon, eyehole, vision, gaze, stare... these are words frequently mentioned by the patients. In a figurative sense, as well as in some languages, they have a common root. Seeing is a metaphor for knowledge, cognition. Cognitive skills are frequently related to the sense of seeing.

With the mystical Ozonum type, we find the theme of the "third eye" and all that is related to it. Some patients had headaches that got worse in the sun. These headaches tended to focus on the area above the eyes, above the root of the nose. This symptom can be also seen with other substances able to extract and contract their energetic covers, some of them being cactus-like. In this respect, I was mistaken several times in this and prescribed Anhalonium and Carnegia gigantea (reflecting also the theme of the invasion into the space) or some of the Cereus, because of cursing.

My suggestion of additions to the repertory:

Eyes; protrusion; sensation of: OZONE

Eyes; swelling; sensation of; left: OZONE

Eyes; swelling; sensation of: OZONE
 Eyes; glaucoma; eye too large, as if: OZONE
 Nose; ozena; atrophica sicca: OZONE
 Clinical; sjögren syndrome: OZONE

TO ALL HEAVENLY ANGELS

The first strophe of my poem TO ALL HEAVENLY ANGELS (CZ: VŠEM NEBESKÝM ANDĚLŮM) reflects this theme of ozone:

I'M A BIG EYE IN THE SKY
 ALWAYS WATCHING YOU,
 I CAN SEE YOU WELL
 BUT IN MY TRANSPARENT TRENCH COAT
 I STAY BEYOND THE GRASP OF YOUR SIGHT.

The last strophe expresses their innermost wish.
 Here is another variation of EN translation of the last strophe of my poem:

I'M A FIGHTER FOR FREEDOM
 A POET UPLIFTING ALL WITH EASE
 RESPECTING THE MEMORY OF THOSE
 WHO DIED FOR YOU, SACRED FREEDOM, OF THE WORLD!
 FREEDOM TO BREATHE IN FREELY
 IN A SAFE AND FULLY CONNECTED LIFE.

I have written this poem on the basis of statements of dozens and dozens of clients thriving on Ozonum. The first strophe is about the eye of the big brother but also about the ozone layer and the ENTITY that ozone represents in the natural world. It's about watching and tracking others from a dominant position (sometimes it can really develop into stalking) so that the clients themselves don't appear and can't be seen. They are in a protective invisibility cloak, transparent layer (see my article [Behind the transparent layer](#)) protecting them from being injured by the outside world and directly in a relationship.

My client put it very beautifully using projective imagination on the Lord of the Ring film based on J.R.R. Tolkien. The invisibility cloak protects from a sudden death, big brother's control, from political and other Saurons, etc. It protects from the "swoop of gangs of monsters", figuratively also from the gangs of coronaviruses and other infections or "gangs" of other toxic agents polluting the air or atmosphere in another way, for instance 5G networks or auras / energetic coatings of other people.

The poem is actually a condensed Materia Medica of the Ozonum remedy. Many metaphors that I have used in the poem can be heard almost literally in the imaginative stories by your Ozonum clients.

Successful prescription

After successful prescription clients frequently say that the dryness, pestering, rubbing as if by sand have mitigated, the swelling of the eyes receded, the rash around the eyes stopped itching, the excess eye pressure decreased, the eyes become less strained, tolerate light better, photophobia decreases. They also describe as if their world has become lighter, they see more colours, the world becomes visually fuller, full of new colour tones and MOODS. Colours and moods become more intense and varied. They like to use the symbol of RAINBOW or COLOUR SPECTRUM and the like to express themselves. They feel like sensitive painters, using the exact colour that matches the given ATMOSPHERE or MOOD. There is almost a SYNESTHESIA character in it. They feel free and creative. Some clients started painting after using the remedy. They have an enormous perceptiveness of colours and are the most attracted to BLUE. They like SKY-BLUE and AZURE, the cleanness of the sky because it is a symbol of SPACIOUSNESS and FREEDOM. Cases that are more long-term then speak about cognitive ignitions, so-called aha moments and ability to solve various problems of their lives using their insight. Here I also initially made several prescription mistakes and prescribed the lanthanides. Most frequently a Thulium salt (Thulium oxydatum).

© Dr Petr Simeon Gajdos

OZONUM - the remedy of our time

I expressed my belief since the beginning of the coronavirus epidemic that the remedy Ozonum covers a **more extensive indication range** compared to the conventional definition of a disease-centred genus epidemicus (DCGE).

I am convinced that the Ozonum dynamic very well resonates with contemporary challenges we have experienced globally and on an unprecedented scale. It ranks the highest among the prescriptions in my practice. In my modest opinion, Ozonum deserves due to its wide range of applications, the name **the global impact remedy**.

It seems to me that the dream of the inner reality of ozone has become a dream of global (and consensual) outer reality of contemporary life in general. It is, from my point of view, the characteristic feature in this particular coronavirus pandemic.

I start to call ozone after seeing numerous cases and understanding more the underlying dynamism **the sovereign BLUE protector of living space and primordial breath of life**.

It might be interesting for you to contribute by sponsoring the translation from the Czech language to English. I collected a large number of Ozonum cases, and funding translation will enable me to hire more translators and publish sample cases faster. The homoeopathic intakes are a living materia medica, and I have distributed my work among the homoeopathic community for free. I have been spending a lot on high-quality translation. Any financial contribution and donation will be welcome and much appreciated.

I would also like to invite you, each of you, to cooperate on the **GIW (GIVE) - Global Impact World project**. I dream of doing a multi-centric homoeopathic epidemic study, and every hand, brain and heart will be needed and appreciated.

I believe we can do an excellent deal for humankind and the world as homoeopaths now. I think that if we carefully document each successful Ozonum and another prescription, we will collect a statistically significant sample together. Consequently, we can present clear evidence of the benefits of homoeopathy and its effectiveness in service society and humankind.

Soon I will launch the webpage called:

www.GLOBAL-IMPACT.world

My team is working hard to make the website ready for you.

Do not hesitate to contact me in need of further clarification.

With best regards and wishes of well-being,

Dr Petr Simeon Gajdos (CZ)

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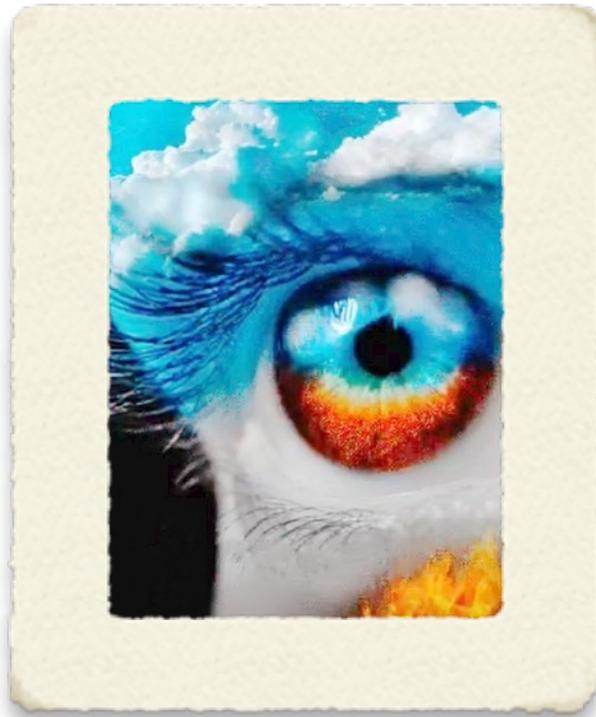
Despite an exponential growth of Ozonum prescription, I continue to have an individual approach to my clients, as the cases presented up to now have shown. **I do not prescribe it at random or in a blanket manner.** To honour and respect the individuality of the person is the desirable condition **sine qua non**.

Published articles

- ▶ **OZONUM - remedy of our time** - the first letter about Ozonum
- ▶ **OZONUM PENTACHORD EN** (latest update v1.5) - Rx pointers
- ▶ **OZONUM - BEHIND THE TRANSPARENT LAYER** - The Ozonum Trinity
- ▶ **HOMEOPATHIC OZONUM GLOBAL TRAVEL AGENCY** - air traveller Ozonum/CoV19
- ▶ **RESSURECTION** - Ozonum and inhalation airways injury - published 14.4.2020
- ▶ **TO ALL HEAVENLY ANGELS** - condensed MM of Ozonum in EN/FR/DE/CZ
- ▶ **The OZONUM No.K** sample case - 1st published case in Feb 2020
- ▶ **The OZONUM No.S** sample case - 2nd case
- ▶ **The OZONUM No.L** sample case - 3rd case
- ▶ **The OZONUM No.I** sample case
- ▶ **The OZONUM No.M** sample case
- ▶ **The OZONUM No.H** sample case - published 12.4.20
- ▶ **The OZONUM No.V** sample case - republished 17.4.2020
- ▶ **The OZONUM No.R** sample case - in translation
- ▶ **The OZONUM No.P** sample case - in translation
- ▶ and more cases will follow

Ozone

BIG BAD EYE IN THE SKY



One by One that One



One day, an old man was walking along a beach that was littered with thousands of starfish that had been washed ashore by the high tide.

As he walked he came upon a young boy who was eagerly

throwing the starfish back into the ocean, **ONE** by **ONE**.

Puzzled, the man looked at the boy and asked what he was doing. Without looking up from his task, the boy simply replied,

"I'm saving these starfish. If I don't throw them back into the sea, they will die from the **lack of oxygen**, Sir".

The old man chuckled aloud, "Son, there are thousands of starfish and only one of you. What difference can you make?"

The boy picked up a starfish, gently tossed it into the water and turning to the man, said, "I made a difference to that **ONE**!"