



Dr Petr Simeon  
**Gajdos**



No. P (F-UP)

SAMPLE CASE

OZONUM

March 2020

3

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I'm the FREEDOM-fighter,  
the POET, who LIGHTENS UP all,  
who honours the memory of those  
who died for YOU,  
sacred WORLD freedom!  
the FREEDOM to BREATHE IN freely  
in PROTECTED but INTERCONNECTED lives.

## Discipline & Punish - Panopticism

Michel Foucault

<https://foucault.info/documents/foucault.disciplineAndPunish.panOpticism/>

...

But there was also a **political dream of the plague**, which was exactly its reverse: not the collective festival, but **strict divisions**; not laws transgressed, but the **penetration** of regulation into even the smallest details of everyday life through the mediation of the complete hierarchy that assured the capillary functioning of power; not masks that were put on and taken off, but the assignment to each individual of his "**true**" name, his "**true**" place, his "**true**" body, his "**true**" disease. The plague as a form, at once **real and imaginary**, of disorder had as its medical and political correlative discipline. Behind the disciplinary mechanisms can be read the haunting memory of "contagions", of the plague, of rebellions, crimes, vagabondage, desertions, people who appear and disappear, live and die in disorder.

...

The leper was caught up in a practice of rejection, of exile-enclosure; he was left to his doom in a mass among which it was useless to differentiate; those sick of the plague were caught up in a meticulous tactical partitioning in which individual differentiations were the **constricting effects of a power** that multiplied, articulated and subdivided itself; the great confinement on the one hand; the correct training on the other. **The leper and his separation; the plague and its segmentations.** The first is marked; the second analysed and distributed. The exile of the leper and the arrest of the plague do not bring with them the same political dream. The first is that of a pure community, the second that of a **disciplined society**. Two ways of exercising power over men, of **controlling their relations**, of separating out their dangerous mixtures.

...

In view of this, Bentham laid down the principle that power should **be visible** and unverifiable. Visible: the inmate will constantly have before his eyes the tall outline of the central tower from which **he is spied upon**. Unverifiable: the inmate must never know whether he is being looked at at any one moment; but he must be sure that he may always be so. In order to make the presence or absence of the inspector unverifiable, so that the prisoners, in their cells, cannot even see a shadow, Bentham envisaged not only venetian blinds on the windows of the central observation hall, but, on the inside, partitions that intersected the hall at right angles and, in order to pass from one quarter to the other, not doors but zig-zag openings; for the slightest noise, a gleam of light, a brightness in a half-opened door would betray the presence of the guardian. The Panopticon is a machine for **dissociating the see/being seen dyad**: in the peripheric ring, one is **totally seen, without ever seeing**; in the central tower, **one sees everything without ever being seen**.

...

## Acknowledgement

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### Preamble

The client gave his permission to publish the case.

The case has been slightly modified to maintain anonymity and fluency of the intake.

Date of the intake - March 2020 by ZOOM (excellent tool, especially in situations of quarantine measures, there is a curfew due to the epidemic, most businesses and shops are closed by government order)

Client - male, 62 years old, freelance personal growth coach / spiritual teacher / counsellor

**CoV-19 was tested a following week after case intake and the test arrived positive.**

### Interesting FB post from Dr R.J.Rowen

[DR. ROBERT J. ROWEN ; @DRROBERTJROWEN](#) 15TH APRIL 2020

""A new autopsy report has been published and released on April 14th, 2020 in the Chinese Journal of Forensic Medicine v.36 Issue (1): 21-23, based on deaths caused by the Coronavirus and Pneumonia. In the report, doctors found that the lungs of those who were infected appeared to have a significant amount of grey-white mucus. Inside the trachea cavity there appeared to have white foam mucus and in the right bronchia cavity showed gelatinous mucus. It is these sticky fluids that clog the alveoli and airways, eventually blocking the lung. The lungs lose their function; the patient becomes hypoxic, and ultimately dies of respiratory failure.

This autopsy demonstrates that simply giving patients oxygen is not sufficient due to those sticky mucus or liquids trapped inside the oxygen path. Without the oxygen path being accessible, majority of the oxygen inhalation is blocked. Oxygen does not reach the blood, and finally, they may perish with these sticky liquid suffocating them.

The blind use of oxygen devices not only prevents the devices from its main purpose, but even worse, the force of the air can push the mucus into the lung deeper and aggravate the patient's lack of oxygen. This means that while some only saw the patient's lack of oxygen, they did not know and understand how to clean the sticky mucus/liquid from the respiratory system.

Sticky sputum (phlegm) in the lung will cause chest wheezing and coughing. The act of coughing and wheezing is your body's natural response of trying to get rid of excess mucus in your body. Dry cough does not mean there is no sputum buildup; it may mean that the sputum is too sticky. So, cleaning the lungs, strengthening the function of the lungs, and improving immunity are important factors to the treatment of coronavirus and pneumonia patients."""

© Dr. R.J.ROWEN

## The front cover page picture

The picture expresses the invisibility of Ozonum.

## The back cover page picture

The client asked me to add in his case a picture of a rainbow after storm depicting his feeling after remedy. See the image on the back cover page.

### Note

Essential phrases and metaphors are emphasised for more natural orientation. In this case, I put a lot of commentaries and explanations of common Ozonum psychodynamics. Occasionally the rubric is given for reference. The choice of Ozonum rubrics for repertorisation rests on the shoulders of readers. I also suggest a few rubric additions to the repertory.

### Background of the case

It's late night on the weekend, just after 10pm. I get a text from my client asking if she could call with something urgent. She explains that her spiritual coach is feeling bad and is choking with cough. He wasn't admitted to the hospital for capacity reasons. His condition was assessed as a moderate virosis. He received instructions over the phone from the hygiene centre how to deal with it. He should wait for the coronavirus test to be taken until the appropriate biohazard collection nurse arrives, sometime next week. There are many people waiting.

The condition has been going on for a few days and natural products don't seem to work, my client informs me. The client is trying to persuade me to call him. She is very worried about him. Apparently he is too proud and wouldn't call himself. She has known him for many years because she follows his personal and spiritual development programme. Off course, I flatly refused to do that saying he would have to contact someone else. The client really begged me, she felt helpless and didn't know whom to turn to. He would not be admitted or treated in a hospital or other healthcare facility.

He really chokes, she keeps repeating and appealing to my humanity. Finally, in an effort to help my client, I consented to sending a text to him that I was available. In the meantime, the client tried to convince him to call. After 30 minutes the phone rings. It is a man and in a measured voice he tells me that he called BECAUSE I WANTED IT (him to call me). He is unable to complete initially 2-5 sentences without coughing and then gasping. We agree on ZOOM.

After the conversation begins, he clears his throat, a dry, irritating cough. After coughing, he tries to breathe deeply to compensate his 'oxygen debt'. I don't see him on the camera and it takes a good 15 minutes before I decide to give up further attempts to 'work' the camera on his side.

At first, I believed that he could not make the camera work. With each passing minute, I started to realize that the problem wasn't with the camera. He just doesn't want to be seen and he prefers the dominant position where HE CAN SEE ME, but I can't see him. The next day, the client told me that she very often communicated with him through chat media and his camera worked just fine. She came to pick up a medicine for her teacher.

I have seen this in several Ozonum cases in various forms. They gave excuses that the camera was impenetrably sealed so no one could watch them through it. Others directly asked that during the ZOOM consultation the call must not be recorded under any circumstances. Or they agreed to an audio track, but they requested only an online audio call without turning on the camera. I don't even know some of my clients by their faces.

It's actually a very funny situation. You sit on the online chat and hear the client's voice. On the screen, however, there is only a miniature of your face and in the client's camera window a grey image with a stylized cartoon crossed-out face. You feel like talking to a ghost. This client used a tactical approach. He tried to give the impression that he was trying to make the camera work, but he was determined not to show his face.

It was also interesting when I answered his call. He introduced himself to me and said you and XY (my client) agreed that you were interested in giving me some homeopathic medicine. I replied I was happy to help if he had a health problem. Meanwhile, he **coughed terribly and gasped for breath again.**

## Interview

(verbatim)

Dr: physician, C: client

Dr: What can I help you with?

C: (cough)

C: What can I help you with?

(Coughing and gasping)

**Note:** *This is a very typical expression of Ozonum cases. They feel sick on a physical or mental level. But they ask for help in a very specific way. They often present it as if they did you (the doctor) a favour by the visit. The most common excuses are either that they want to find out preventatively what would help their breathing problems and that was the reason for visiting you. Now they don't want anything, they came just out of curiosity. When they are not satisfied with your recommendation, you cannot expect these types to pay you for your effort. Like this patient they often use excuses that they got to you by request from someone else. Doctor, I didn't want to come, I can manage myself, but my wife (or boss) arranged it. Sometimes they refer to noble motives. They do you a favour by letting you treat them.*

*On the background of this psycho-dance, there is a great fear of becoming dependent, that you will find their weak spot. Something that you can use to manipulate and control them, make them dependent, tie them up and deprive them of freedom. They don't want to let that happen.*

*As a tactic they use the above-mentioned steps. With this client, his identification with the role of a spiritual advisor played a very important role. They don't get sick and can't get sick (they think). They can manage it themselves with God's help. They consider it a severe harm to their pride if they must go and see a doctor. Others are dominated by a fear of doctors, particularly for two reasons. The doctor is like a magician, sorcerer, witch, in the negative context. Someone who can say a curse. A curse in the form of a diagnosis of the dreaded disease. They would rather not go to see a doctor so they could not bewitch them and curse them with a diagnosis.*

*The second reason is fear of medical procedures. They consider them invasive, penetrating and insensitive. They are also very sensitive to the autocratic behaviour of doctors and to the disrespect for their autonomy. They feel they won't be able to defend their position. They feel that the greater power of the medical establishment will dominate them and won't let go. They project these ideas either into the disease or those who should treat the disease. Both are equally dangerous and equally destructive in their eyes.*

Dr: You have a virosis, don't you?

C: **I'll deal with that! What do you want to hear!** (in terms of what advice do you want, doctor)

(his voice was dismissive and reluctant)

**Note:** *It is nothing, I can manage it (but the burden of problems and several days of hard breathing and cough does not indicate banality, his pupil was very scared when she called me so late in the evening).*

*When I heard the cough I know from other Ozonum cases, I decided to accept his game and pretend to be an ignorant pupil who will now probably get the blessing of a spiritual teaching. At the same time, I sensed the opportunity to learn more about another Ozonum sub-type. I didn't want to ask and exhaust him more than necessary, but as the next part of the conversation shows, he responded very well to psychotherapeutic offers.*

*At the beginning, before they test you out, they almost behave arrogantly. They don't want to let anyone close. They are afraid of humiliation and disruption of their personal zone, both on the mental and physical level. And certain strategic disdain to others and insisting on their dominant position should compensate this inadequacy.*

C: (strong fit of dry cough again)

Dr: You cough a lot, it must be tiring, it sounds very acute.

C: Now I have that crap, I have a stuffy nose, I don't have a stuffy nose, I have stuffy sinuses, frontal and bronchi. Yeah! So this is the current state.

Dr: Yes.

C: I don't have a fever, 36.2, 36.4, it doesn't get any higher. I use the medical mushrooms: Coriola and the..., damn it, what's the other one called.

Dr: Ganoderm?

C: Reishi. Reishi, Coriola and vitamin C, Acerola. I take a little more than the maintenance dose. And I started taking ACC today to make the cough better.

(big fit of dry cough followed by shortness of breath)

C: I'm infected from that... because I feel it when I get to it. It was from a little boy who stopped here for some things. We were just talking at the gate for a while, and that was enough. I already knew it started.

C: I already know that. You know. From last time, that something like that would happen. This time, however, it stopped after about a week. I also use CDS (chlorine-based chemical) to **gargle** and then I **swallow it**, it doesn't do anything to me!

Dr. It contains chlorine, right? Chlordioxin?

C: **Chlordioxin**, it is good, it actually **purifies the blood**. Yeah and then I also make tea and it is a great flower ..... cystus.... incanus. Well, that's all, because I'm not ... I always know. I know what works for me and what doesn't. I'm quite perceptive of this and I know that it's now just about time, because I just need to sort out some things ... about how it works here, how it's not working, it actually just created a time space for me. And thanks to the quarantine and all this mess I don't have to rush with tax now

(another coughing fit and breathlessness again)

Everything is put on hold. So I can quite run along with it. And as there is the quarantine, **I can cancel everything without explaining anything**. So mentally I am ok with this. But physically it **holds on**, it's **like stuck**. We were just talking with XY and I was explaining to her that **it was in the information field right now. In the air**. She wanted me to take a homeopathic from you, that you're doing some study. I agreed if it would help you (doctor), why not. Well, that's all.

Ozonum adds-on

**Mind; delusions, imaginations; black; tar; STUCK; she is in**

(coughing fit)

I know, if I don't do anything else, I'll finish the medical mushrooms here. In the meantime, I will stop coughing and the immune system will cope with it anyway. I don't eat badly so that the body is supplied with enough substances that it needs and what the immune system needs. I don't have a problem with that. It was more about helping and relieving the existing condition.

(coughing fit and shortness of breath, starts to sound hoarse)

When you do the study, I'll tell you that one element is important here, **I sleep all the time!**

Dr: Uh.

C: I sleep all the time, **I always wake up, my lungs are full, I have to go and cough it out, and then I lie down again and sleep again and go to cough again.**

Dr. You must be tired ...?

C: No, no, no, it's due to **lack of prana!**

Dr. Uh, uh.

C: Even if I **air the room** twice a day, I consume a terrible amount of prana on this.

Dr: aha, aha

C: I perceive the level of prana in my body and now I am at about 25 per cent, yeah, when I have over 50 I can work with people, I don't think I ever had a hundred, but about 80 or 90 is normal for me. So **I'm energetically terribly down**. Actually, when **you sleep, it is a state of emergency** in regards to prana.

Dr. Uh, so that's actually an emergency mode ..?

C: Sleeping, yes, it makes you relax, the **mind recalls all the things** it needs, and it is actually using the best, how to say it, what consumes the most energy, the **body is basically switched off**.

**Note:** *This is really a statement you will hear from almost every Ozonum client. As if they pulled them out of a drawer, as if something deprived them of a source, as if you cut them off the umbilical cord. Or you unplugged their Matrix connection (just like in the scenes where they unplug the heroes in the Matrix 1999 movie by pulling out the power cord).*

My Ozonum adds-on:

**Mind; delusions, imaginations; unplugged, she is** - 4 grade

Dr: The body is switched off?

(coughing, shortness of breath, hoarseness)

C: You know what, it is like this with me - **when I sleep I know that I am asleep.**

Dr: Uh, aha

C: Yeah, I know I'm sleeping! **I know that what I am dreaming is a dream**, it's hard to explain because most people don't have it like this.

Dr: Uh.

C: **The physical level** is most **irritating** to me, that the body was not able for some reason, so probably there are some **gaps in my system**, that I actually allow anyone to

**cross my limit**, I know exactly what the problem is, I can identify that, but now the question is what to do with it.

Dr: Aha, and can you tell me the problem?

C: I just told you now! The system I have is **semi-permeable**, yeah, so I can **perceive things from the outside and for me to perceive things outside**, like in and out, and there are **places where I can't see** when someone **crashes into my system**. It's like an idea of how it got to me.

Dr. And that's how you told me you felt it when you were in contact with that boy?

C: **I can see it right away.** Yeah, it goes simultaneously for me, but it works **like a domino, the first one falls, so it goes and you can't stop it.**

Dr. Uh.

C: Clearly I had this, like a **system**, yeah like this and this way of disease many times.

Dr: You mean the same symptoms as now?

C: Yeah, yeah, the same thing, it always **fucks my lungs.**

Dr: I see.

C: Yeah, yeah, always! I had **severe pneumonia** at the age of two. Early this year I also had pneumonia, yeah, I have **very weak lungs**, so that's actually my **weakest link**. It is understandable, because that's where **THE OUTSIDE WORLD MEETS THE INNER WORLD OF BLOOD.**

My Ozonom adds-on:

**Mind; delusions, imaginations; curtain hangs between her and others, a heavy**

**Mind; delusions, imaginations; curtain hangs between her and others, a transparent**

**Mind; despair; irritation of skin and mucous membranes, with**

Dr: What was the situation with the boy you perceived, would you describe it to me?

C: I don't know what you want to know. Like we talked about something personal, like diagnostically, and at the same time I was going: there is something wrong, he **is not healthy, he is ill, you will catch it and it was already there.**

Dr: You got this idea?

C: Yeah, yeah, **I got it right in my mind!** I do **not have other physical feelings** with that, **I get it straight as a thought formation.**

**Note:** *Typical expression of Ozonum clients - I do not feel the body, but I get ideas and thoughts immediately* (I catch them from the air). *According to the traditional concept of elements, the world of ideas is connected with the air.*

Dr: And how did it continue? The thought was there...

(cough, shortness of breath)

C: Well of course, the process started after two days. I know it, when **such a monster breaks into me, it just goes through the whole body.** I can feel it and I know it will show up, but **it is not often this intense.** I might be sick for two days and then I get rid of it, to boost immunity.

Dr: And how is it different now from the previous one?

C: By **intensity**, nothing else.

Dr: The same process, but the intensity ...

C: The intensity, that I **cough up mucus** and, I don't know, from Friday to Saturday I coughed up like a **full palm of mucus, which is really enough for those lungs.**

Dr: Yes?

C: **After night, when I woke up.** When the **lungs were full**, so when I went to throw it out, it was just like enough for my hand.

**Note:** *Very common expression among Ozonum clients. In the morning, they have to clean their lungs, cough and cough it out. They have a feeling of congested lungs. As if there was water, or the lungs were full of mucus, they have to drain them. A typical Ozonum case with a viral respiratory infection has a dry irritant cough, it comes in fits and they can't catch their breath afterwards. They often describe it as if they were to COUGH OUT THEIR LUNGS, or that their LUNGS WOULD POP OUT. When the cough becomes wet and mucopurulent bronchitis develops, the amount of mucus coming out of them surprises them. The worst part of the day is in the morning, waking on. Which they sometimes describe as the night suffocating them. In the sense that they cannot breathe deeply enough at night because they sleep. This is how they explain why they cough out a lot of mucus in the morning. If they have bronchitis and are tired, they sleep during the day and every time they nod off they have to go 'clean their lungs' again afterwards, clearing their sputum retention. Overall, they feel heavy, sometimes they describe it as being exhausted or weighed down, or heavy legs that*

*reluctantly move, or as a desire to sleep during the day, or as if gravity pulls them down, or as a deflated balloon. They simply lose lightness of being and movement and open space and everything becomes small, heavy, and sleepy.*

Dr. Uh, uh.

C: I usually spit two or three times, yeah, when I am sick like this and nothing else, so now the intensity is strong.

Dr: And that's like this all day?

C: I always sleep. When the **lungs** are **full**, **I go cough it out and go back to bed**. I have it set so that I actually look **at it inside to see how I am doing when I sleep**.

(cough)

Dr: How do you know they're full? Describe how this happens?

C: I can feel they **are full**. I know it. I get up, I go and **they are full** and it needs **coughing out**. At that moment it is not like less breathing or more breathing.

Dr: Describe what you call full?

**Note:** *I'm starting to feel that he's beginning to like talking to me. The grumpy, superior elderly man becomes an educational counsellor who can communicate his wisdom. It seems to relieve him of weight and grumpiness. Of course, the call is still interlined with coughing. The stifling initial atmosphere begins to fade.*

C: Ok, if I transfer it into an image, it's like the **bronchi were covered with that mess**, yeah, I feel **how much of them is clean and how much is messy**, yeah right now there is about 45% of mess and the rest is clean.

Dr: And what is the difference between what you call mess and what is clean?

C: The difference is that there's **something stuck** there .... **Something that doesn't belong there, that prevents, it's stuck and it's alien, strange.**

**Note:** *Very typical expression of patients who need Ozonum. They say something alien has gotten into their system, it has nothing to do there, it's a foreign element, a parasite, a tapeworm, a germ, etc. It's there and once it's there, they won't get rid of it. It invades their system once and it's all over. They talk about it like this very often. Like an invasion of the internal environment, an **invasion of the whole body** when nothing is spared, everything is infected and can die at any time.*

*Another typical notion is a claim that some part of their system will fail, followed by a domino effect. One organ or prana function and gradually other organs will fail, too.*

Dr: The alien thing, what's there?

C: **It's strange, it's not mine.**

Dr: And that's the 45%?

C: It is **grubby** (as with dirt or faeces), but I only mean **bronchi**.

Dr: Yes.

C: I don't feel if it's in the air sacks. I perceive that it is there, I also know that, but now I don't have the **pain in the lungs like when the air sacks are messy**.

Dr: So it's just on the bronchi. And where it's not messy?

C: There is only that **stress**. That's the same like I have those **frontal sinuses** around my head, I feel them there, but they're not full, but **I feel the pressure, the heaviness**.

Dr: Stress and heaviness, pressure in sinuses...?

C: The heaviness, it's like you took **a syringe with lead** and **injected different sinuses** and **sprayed a little lead there, but which spreads out all over that (volume)**, it **makes it heavier**.

Dr: Aha, ok, it feels like after a lead injection.

C: The sinus fills up completely, but it is functional. It gets heavier, **but it doesn't clog**. I have a completely clear nose, not that I would not blow my nose, when it goes up from those bronchi, something comes out of those sinuses, but it is very little.

It's not typical when you have a cold and a runny nose and **you can't breathe**, not at all. You can just hear how the **sinuses resonate** differently, you can hear it in your voice how the bronchi and the sinuses are functional, but **sticky**. It's just as **if the whole surface was gluey**.

**Note:** *This is another typical expression of the somatically (but also symbolically) ill Ozonum cases. They feel that some area, most often of the respiratory (but also the digestive) system, is covered with some foreign material, some pollution, and they cannot get rid of it. It weighs upon them, it's like a heavy blanket, like a heavy cover of dirty snow. They describe it as thick, heavy, wet, sticky.*

My Ozonum adds-on:

**Mind; delusions, imaginations; decayed, tarnished and impure, everything is Mind; delusions, imaginations; black; tar; STUCK; she is in**

Dr: I see. In the sinuses too?

C: Yeah, well in those sinuses and in the bronchi. Well and every time I cough it out, water works very well for me, I just **run a stream of water on my hands.**

Dr: I don't understand?

C: How the **stream of water** runs over my hands so **energy flows with it and it all comes out.** I normally cough it out, I actually make the air to **peel from the surface** as much as possible. The water flows over my hands and the air from my lungs **tears it away from the bronchi and sinuses.** The water helps it energetically, it's like a trigger.

Dr: Uh, yeah, and have you experienced it somewhere else?

C: Yeah I have, it's classic when you need to get something out from you, so I get out, what you call them, knee-length trousers, and shower down and you **get all the muck** of you, yeah, like with a stream of water. It actually **clears the prana** that you have like tied up. Like, water triggers the release process.

C: I had to eat some garlic first because it **dehydrates**, then it was too much, so now I'm on onion again because it's **moist and relaxing**, those essential oils. Both are disinfectant, but **garlic is dry and onion moist.** Yeah, so I have this on top because I guzzle raw onions with it.

Dr: Raw, do you?

C: Well yeah, raw, yeah, like you know it is not so drastic, I probably wouldn't have ripe onion, but the normal **green onion**, yeah you know the one with the leaves and that's really enough.

**Note:** *I have observed the relationship to onion and garlic in Ozonum patients. Many Ozonum clients use this veg, but the relationship is ambivalent. It bothers them if the essential oils are too strong and prefer green sprigs of leafy onions. They believe that these products heal, that they ward off parasites and destroy bacteria. Thus, they have a symbolic relationship to these vegetables; it's not as much about the taste as their anticipated effects. Some Ozonum clients have introduced garlic and onion to their menu. Both had a laxative effect on them. They perceive this reaction positively and believe that it means colon cleansing and getting rid of accumulated toxins. Some have garlic intolerance causing nausea and it does not feel good on their stomach. In*

*other cases I learned about the intolerance of the atmosphere in the kitchen when cutting onions there. Their eyes sensitive to volatile oils react by excessively tearing, burning and stinging, they say that it makes them feel numb and light-headed. I have heard from a client that he feels like in a misty vapour in an atmosphere saturated with onions, he cannot think and feels dopey and intoxicated.*

**Generalities; gasses, fumes, smoke, vapors agg.** - I suggest 4 grade for Ozonom

**Generalities; food and drinks; garlic; agg.**

**Generalities; food and drinks; garlic; desires**

**Generalities; food and drinks; onions; agg.**

**Generalities; food and drinks; onions; desires; green sprigs**

Dr: How do you tolerate onions?

C: I tolerate all these things well when they are in reasonable quantities. I know if it's too much, my **stomach becomes irritated**. I just leave it out or have something opposite (antidote). I know I can hurt myself with everything and it's about quantity. If I say it homeopathically correctly, it's like the correctly chosen potency.

Dr: Yes ..

(another fit of dry cough)

C: I spend most of my life, now after those years of **militant periods**, in the sentimental world. I learned to somehow move in it, like consciously! It's a great source of help, for myself. I've always had someone here (... I'm not sure what he meant). Maybe my **leg has opened** or I had Staphylococcus Aureus or I don't know. Any such **crap and everything disappeared when I started emotionally regulate my inner world**.

**Note:** *In many Ozonom cases, I have noticed that they describe a very good work with the inner world. I don't mean that it always has to take the form of some formal psychotherapy or some specific technique. Rather, the point is that Ozonom individuals want to permanently repair themselves. They want to seal the imagined HOLES in their personality or HOLES in the immune system or organ or different FUNCTIONAL LEAKS, heal the energetic body, create a protective atmosphere, etc. To repair oneself. Heal. Make oneself integral. They think that only by this they can expand, return to the world and achieve recognition and acceptance.*

*They have periods of expansion into the world; at that moment they feel strong and believe that they could conquer the world. When they come across criticism or non-acceptance, they get into a contraction phase, almost imploding into themselves. At that moment, they feverishly try to fix all their flaws and defects, to seal the 'HOLES', SPOTS, STAINS of their personality (persona). They feel inadequate and degraded*

(R: smaller he is, R smaller things is defined as a certain arrogant position, very similar dynamics and inflation and reverse deflation known in *materia medica* with Plat or Agar). This sense of being **PERFORATED** occurs at many levels, at the physical, energetic and mental levels. In my poem **TO ALL HEAVENLY ANGELS**, I put it in a phrase: **SPOTTED GHOSTS**. This expresses the idea that this applies mostly to the perception of the energetic body, its packaging.

My repertory addition of Ozonum:

**Mind; delusions, imaginations; chest; hole in  
Skin; white; spots, vitiligo** - confirmed

Dr: I'm sorry, I didn't understand when you talked about having someone there?

C: Well you know, because ... (more coughing) ... when I go shopping or something, I'm in such a state ... I am setup that I only **meet with what is alive**. So for me in the city, it is almost **depopulated**, in the shop there is almost **nothing to buy** because **they are all corpses!** I realized this by accident (in terms of the protection of invisibility), because I wouldn't OTHERWISE SURVIVE the shops and the city.

Dr: By depopulation, do you mean the current situation? Coronavirus quarantine and a curfew?

C: **NO, NO, I AM NOT AWARE OF PEOPLE, I DON'T SEE THEM, AND THEY DON'T SEE AND FEEL ME! NOW IT'S LIKE MATERIALIZED.**

**Note:** I have learned a lot from this patient about the spirituality of Ozonum. About the subjective perception of Ozonum in mass disasters, when the internal dynamics of Ozonum become the experienced reality of the outside world. **THE SENSUAL AND EXPERIENCED CONSENSUS OF HUMANITY.** There will be no division into internal and external reality. It merges in the case of Ozonum into one unit - both outside and inside ('as above so below').

In a time of **pandemics, earthquakes, tsunamis, volcanic eruptions, tornadoes, military, chemical and radiation disasters**, the world of experiencing Ozonum, its **INNER DREAMLIKE REALITY, WILL BECOME AN EXTERNAL DREAM REALITY**. At first they can't believe it, they feel they are experiencing **DÉJÀ VU**. I have repeatedly heard Ozonum clients say they are experiencing *déjà vu*, like they did in *Matrix* (1999) with Keanu Reeves in the lead role. They consider it an error, a programming **GLITCH** in the system. Subsequently, they get used to it and do not consider it strange. They see in it synchronicity and evidence of the illusory world, or evidence of God's purposes. As if the world was merely an **intangible thought formation** in which they feel **trapped**. They cannot overcome it at the biological and structural levels. It bothers them that they cannot break free from the physical and natural laws of 'matter'. They feel **imprisoned, almost abused** in many ways by their own **BODIES**. Abused by its **WEIGHT** and gravity, which **PULLS THEM DOWN** and which, in their opinion, **DEPRIVES THEM OF WINGS OF**

**FREEDOM AND LIBERTY.** Wings of the SOUL to FLY and the possibility of EXPANDING their SPIRIT. They would prefer to release the SOUL to freedom as a DOVE of PEACE through the TOP of their HEAD. (These topics are outlined in rubrics on travel, swimming, dreams and delusions).

My Ozonom additions to repertory:

**Mind; memories; déjà vu**

**Mind; delusions, imaginations; experienced before, thought everything had been**

**Mind; flashbacks; drug experience, to**

**Mind; thoughts; persistent; past, of the; drug experiences**

The client mentions yet another very important topic of Ozonom. He talks about **INVISIBILITY** and hiding. Ozonom moves on one big axis from total **UNVEILING** to an absolute **OBSCURING** and **MAKING ONESELF INVISIBLE**. We can hear statements that talk about self-perception by the language used by spiritual teachers and leaders in their speeches. Sometimes they use biblical language and parables. When they want to show themselves and **BE SEEN**, they do not spare others of their truth (they always want and have to decide only by themselves, they do not like the pressure to unveil). Sometimes this feeling of connection with you and the truth takes the form of **HOLY JOY** and **DISSEMINATION OF THE HOLY TRUTH BY WORD AND SWORD**. In many cases, the story of **JOAN OF ARC** appeared as a symbol of being **CHOSEN BY GOD**.

My Ozonom additions to repertory:

**Mind; delusions, imaginations; Joan of Arc, she is**

**Mind; delusions, imaginations; swords, of**

**Mind; delusions, imaginations; swords, of; flames with**

This represent the another pole, when threatened by ideologies of others:

**Mind; delusions, imaginations; knives, of**

**Mind; delusions, imaginations; stabbed; will be; seeing a knife, on**

**Mind; delusions, imaginations; knives, of; shot into body**

Clients talk about a concept of radical honesty, they do not hold back when they want to communicate what they think and even merciful lies have no place in their vocabulary at such moment. They are totally convinced that their opinion should surface in raw form, without censorship and without regard for the feelings of others. They use words such as my inner light, my inner truth, my innermost essence, my soul, my uniqueness and authenticity. From this pole we can get through the numerous interpositions (according to the personality of the individual Ozonom client and the prevailing **PROTECTION** strategy) to the other pole.

At the other pole they are in an atmosphere where everything is veiled, enveloped, can't show, ashamed of themselves, for their inadequacy, behind a mask, a cover, using mimicry, and have a haze of fog around them, ambiguity, and present themselves with

vague expressions. They feel dug under the surface, buried, unseen, forgotten, or purposefully untraceable. If they are in a situation where the compensation strategy limits have been crossed, a **SHOCK-LIKE** response will occur. It resembles the standard indications for Acon. They describe it as **FREEZING STIFFNESS**, covered in a chilly sweat, frozen to the bone. It is a disaster affecting many people; they feel decompensated, shocked and **completely paralyzed**. They feel they can't move, that they are alone, abandoned, without friends and family. They feel that some organ or cellular function has been **TURNED OFF (#)**. (See rubrics on snow and snow cover, sinking under ice, cold and freezing aera, etc.).

### (#) UNPLUGGED

Then their glow, their true nature, the truth, their POTENTIAL cannot come to the surface and shine (and radiate), to show. Another variation on the same subject is **INVISIBILITY**. They are so intangible in a vibration tactile field that they feel that **NOBODY CAN SEE** them. This can be perceived both positively and negatively. When they do not want to be seen they feel miserable, they mind the attention. On the other hand, when they want to say something to the others, communicate, show, they long for praise and appreciation. Ignoring their opinions, their gifts and contributions they perceive as injuries. As evidence of their **NON-EXISTENCE** and lack of **WEIGHT** and **SERIOUSNESS**. They want to impress and think that only then they can get love.

They **do not want to be observed** or subjected to diagnostic tests. They do not like direct interference with the body's structure, especially by invasive medical procedures. They do not like psychological tests and insensitively led psychotherapy, without respect for their personality, autonomy, will and inner space. They perceive psychological instruments as **penetrating knives or X-rays that unpleasantly interfere with their inner world**. They don't like that someone wants to interfere with them and disrupt their private (O) **ZONE**, their **BUBBLE**. On the other hand, they watch others from their transparent bubble. They are interested in their motives and behaviour. Sometimes they get into a state, especially when they are overloaded, when they are unable to see their close ones. They even shun them and do not want to come into direct contact with them. They **do not want to breathe / share 'COMMON AIR' with them**, and they withdraw further into their bubble and become insensitive.

Ozonom clients repeatedly express themselves on the **DEAD/ALIVE axis**. They project their depressive and disconnected state to others, or comment on what they see in others. I often hear that others seem to them like **corpses**, that they are like empty containers, like **ghosts**. They see people as lifeless, passionless, joyless, without inner content, like **fairground balloons filled with light gas**. Their speech is full of metaphors where something **dead, rotten, musty, unventilated, dead** has remained in their system, not living, and there is no hope of resuscitation, of **RESURRECTION**. As if it was either **dead**, something necrotic without access to **OXYGEN** and nutrients, or if it was a **PARASITE** that eats them from within and takes valuable **NUTRIENTS**

and **OXYGEN**. (Rubrics such as dirty water, grease, tar, etc., or like something intangible such as droplets of virus in rubrics about vapours, smoke, fumes).

One client even talked about fungal gangrene. Here, too, I made some prescription errors and I prescribed **SOL-T-AE** also because of the themes of disturbed space or **UST**. Of fungi I prescribed **BOV** to Ozonom patients when the topic was the expansion/contraction, invasion, thin surface membrane that can easily be penetrated and decompensation occurs when the agent or penetrating word, look, medical instrument overcomes the protective shell. I have also prescribed **BAD** and some Compositae because of the topics of my own integrity and keeping external protection, all away from the body, which when overcome leads to **decomposition** and a **sense of disintegration**.

The theme of **RESURRECTION** in homeopathic Ozonom is connected with **BREATH**, and the ability to **BREATHE IN** again **freely**. The remedy is suitable for symptomatic levels after states when resuscitation is needed such as cardio-pulmonary resuscitation and drowning. It can be used in altitude sickness, where the component will be also the UV radiation (\*). Patients with sudden (flush) pulmonary edema, with a foamed sputum who were choking and could not cough up the sputum, responded well to Ozonom. The remedy can be used in such indication regardless of etiology (non-cardiac and cardiac). Burns and inhalation injury of the respiratory tract are strong **indications for Ozone** - especially fires in confined spaces where intoxication with gaseous as well as solid flue gases occurred. This is a **sovereign indication** for Ozonom (dif.dg. carbons in general, carb-v, carbureum di-oxide, carbureum mono-oxide, carb-n-s., etc.). (\*\*)

(\*) Ozonom is an excellent remedy for the complications of the first spring sunbathing, usually in the form of periocular dermatitis or solar urticaria as well as in first degree solar burns. The rash is very itchy and sweating stings, the skin is swollen. This indication is verified in many cases.

(\*\*) During a fire in a prefabricated multi-story block of flats in 2012 Dr. Petr Simeon Gajdos acted as the Chief Medical Officer of the Integrated Rescue System and Dr. Zora Baumrukova was the Liaison Officer - she received the awards from the Mayor of Pilsen for both physicians.

[https://www.idnes.cz/plzen/zpravy/pozar-paneloveho-domu-v-plzni-na-doubravce.A121105\\_162749\\_plzen-zpravy\\_pp](https://www.idnes.cz/plzen/zpravy/pozar-paneloveho-domu-v-plzni-na-doubravce.A121105_162749_plzen-zpravy_pp)

<https://www.plzen.eu/o-meste/aktuality/aktuality-z-mesta/mimoradne-ciny-roku-2012-byly-oceneny.aspx>

[https://www.idnes.cz/plzen/zpravy/v-plzni-evakuovali-hasici-pri-pozaru-sauny-ctyricet-osob.A120423\\_170831\\_plzen-zpravy\\_sou](https://www.idnes.cz/plzen/zpravy/v-plzni-evakuovali-hasici-pri-pozaru-sauny-ctyricet-osob.A120423_170831_plzen-zpravy_sou)

The medication is suitable for **CHOCKING AT BIRTH** and also for people who came to the world through a **CAESAREAN SECTION**. C-section causes sudden decompression (expansion of the baby). The **PROTECTIVE FUNCTION** of the uterus has been penetrated by the medical scalpel and everything starts **TO SHINE** without warning

*with an intense flash of light that the little creature is not ready for. The foetal circulation of the uterine aquatic environment is rebuilt to TERRESTRIAL BREATHING. Jonah is ejected from the whale. Ozonum is an excellent aid in postpartum adaptation for both the baby and the mother.*

*Ozonum finds its use also in pathologies of the thoracic wall, contusion of the thoracic wall with the impossibility to open the chest, in pneumothoraxes, pleural syndromes, etc. It has a truly inexhaustible amount of indications. For this reason, I began to call Ozonum the SOVEREIGN THREE-HEADED BLUE PROTECTOR OF PRIMORDIAL BREATH OF LIFE.*

Dr: Can you please explain this to me?

C: When I go to the shop in a normal state I DON'T SEE people and they DON'T SEE me ... and sometimes even physically, they bump into me.

Dr: That happens to you?

C: Right, because I'm NOT there for them. I have a body there but otherwise I am not there.

Dr: How shall I understand that? Where are you?

C: I physically stand there, but like energetically I'm not there. I am inside MYSELF!

Dr: Oh, aha, and what are the benefits of doing this?

C: I WON'T GET SO **DIRTY**. Because when I'm ALL there, then I get out and I'm just **fucked, everything that anyone had ON THEM (stuck) I feel.**

**Generalities; discharges, secretions; tenacious, difficult to detach - 4grade  
Generalities; secretions of mucous membranes; ropy, tenacious, stringy**

Dr: aha, aha

C: I have a system of FILTERS. I mainly filter it out, yeah, and what's happened now, it's a HOLE in some filter.

Dr: There was a hole in the filter with the kid when you got infected?

C: The principle is the same. **I LOOK FOR where THE HOLE was to REPAIR MYSELF.** I have been doing this for years. I managed to build sufficiently **semipermeable** system, but which doesn't threaten me at the same time.

Dr: I do not understand, what we do mean by this threat?

C: When you work with people, you have to be somehow empathetic, like **be open** so you can get to them. To see what problems they actually have, and that used to be dangerous for me. A lot of people perceive this as a weakness, and then they **SHIT on you** everything they don't like.

Dr: huh, huh.

C: So I have to be like with **bare** hands but like **in gloves** at the same time. It is like I'm NAKED and at the same time I'm in the state of BIOHAZARD. I have both states at the same time.

Dr: That would come in handy when working in the emergency services, how do you do it?

C: Well, by being always connected with myself, so I care about **distance**, it's about timing and distance. It is about **time and space** and you have to learn to **move in the sentimental world that is beyond time and space**. Actually, I do it so I'm not where the pathogenic things are. This is a similar principle like walking on embers.

My Ozonum additon to repertory:

**Mind; delusions, imaginations; time; space, and, lost or confused**

Dr: I walked on embers 5 times back and forth. I always thought it was more about the physics of conducting (convection) of heat ... excuse me, I have to ask you **whether I am not exhausting you with more questions? It's quite late.**

(coughing, gagging, gasping)

C: No no, you ask questions and that's good. With me it's like this, everything I know, including about myself, I know because people come and ask me. It works so that always those people come at a time when they need something and at the same time, I use it to solve my next step. And I have been doing this since 1981. And when you do it long enough and honestly, then sooner or later you build some kind of a system, but which is not rational, you can't get your head around it.

Dr: huh, huh.

C: It's all about moving in the sentimental world.

Dr: huh, how do you move in the sentimental world?

C: That can't be explained to the head. Some parts could be explained with similes. The closest thing to this is the notion of matter where you don't have a particle but a wave model.

Dr: It's a comparison, I understand, just an example .. how does it work for you?

C: As if I was tuned in, as if I had a **converter** inside to know what each wave means **in terms**. Once I **tune into that wave, the converter throws me those terms straight away**. It's something like in Matrix when they stared at the numbers and saw stuff behind them.

C: It's a simile, it obviously doesn't work like this, but I don't know how else to describe it.

Dr: Do I understand it correctly that you read waves, possibly vibrations through an imaginary converter?

C: Oh, my soul can move in sentimental space by itself and passes a part of this information to the mind, through this mechanism. **The soul cannot directly control the material world.**

Note: In other words, I cannot have a direct impact on world events, the environment, others. Not directly. Where I feel myself, I have no direct influence on the course of my life.

Dr: Huh, huh, so does that concept only include a small part of what you are able to perceive?

C: Only the part that is directed toward the material world, because there **is no need to connect everything with matter.**

Dr: Aha...

C: I realized that a lot of things could be solved by a emotional **channel**. It is about trust. When a person begins to trust me and I am connected to him through an emotional channel and I can show him his soul and exclude his head, **I can show him his soul through my soul.**

**Note:** *In some Ozonum patients, I have heard similar, of individually expressed metaphors referring to the UMBILICAL CORD.*

My Ozonum additon to repertory:

**Mind; delusions, imaginations; umbilical cord, of**  
**Mind; delusions, imaginations; umbilical cord, of; cut off, must be**  
**Mind; delusions, imaginations; fire, of; umbilicus is on fire**

C: I tell the soul this and that. Now, I acutally translate it into the conceptual world, in the process it looks different, but I have no other way to describe it.

Dr: And how do you experience the part when you say that it usually is only a minute or relatively small part that goes towards the material stuff, what is your experience of the other, non-material world?

Dr: Yes, how is it, how do you experience it? Part here and part there?

C: No, no, oh, that's like in the style of **I've come from nowhere and I'm not going anywhere!** These feelings change constantly and I'm really interested in the experience, what it's like.

Dr: Huh, aha and if you are not going anywhere, I understand that it is in the sentimental space where you are?

C: I am, I am (like JHHV)

C: **I AM AND THAT'S ENOUGH FOR ME!** .... Oh, thank you! Now I know why I have it **separated** in the dream. 'I am' in the dream looks at the dream, the DREAMING, because I'm in it at that moment, that's why I **can like observe my being as if from my core.**

**Note:** *This is a very sophisticated system of CONCENTRIC TRANSPARENT BUBBLES. He first observes the outside world from the bubble. Now the dreamy content of the bubble inside from the core.*

Dr: Huh, you told me that you know that you are asleep and you are aware of dreaming.

C: Now I thought about a logical explanation of why I have it with those dreams like I have. I spend more and more of my time in the sentimental world and there is no awake or asleep. When I AM (admission of existence) and 'I am' forever (eternal existence). There, time and space are conquered, **I am beyond time and space.**

Dr: How do you know you're beyond time and space? How do you experience it? What is the experience?

C: I live that all the time, now you're asking me when does the head realize it. When I bring attention to it, then the head realizes it. But I am **interested and at the same time not interested in the head.** Because the experience is important to me.

Dr: And you experience it outside of your head, do you?

C: I experience it outside of my head, it's in my chest! If I explain it, I'm in the CORE, when you point in the chest to 'I', a bit more up, there is ego. As men have hair there, it is where the cross is made, it is the **UPPER PART OF STERNUM**. The entire sternum is a space of ego, in the upper (part) is **THE GATE TO THE SOUL**.

**Note:** *He gradually changes the tone of his voice and another lesson follows. Tuning now has more the character of mentorship and I get advice on life. The rest of the conversation will take place in this mentoring spirit. I thought he was straightening up and starting to feel strong in what he was telling me. Obviously he is pleased to instruct and advise someone. I felt that the frequency of coughing fits also decreased.*

My repertory addition of Ozonum:

**Mind; delusions, imaginations; chest; hole in**

C: It's not where the cartilage is, but a bit lower. Most guys have a little cross of hair there, hair up, hair down, right to left and left to right and it creates this kind of a cross.

Dr: You say it's the gate to the soul?

C: I have it there automatically. Whole and fully and I don't see it physically there. But people perceive it physically, differently, depending on their composition. Some perceive it as warmth, some as a flow of energy, everyone perceives it differently. I'm there, so I don't have that feeling, I'm constantly aware of the source. When you put your hand there and put the other hand on your **third eye**, where ego is in the immaterial form, intangible, I still **feel them separately**. Or, separately, (rather) differentiated. **I perceive myself as a whole and I feel the parts**, that there is something different happening on each part.

**Note:** *On the one hand, he has a concept of wholeness, on the other hand he feels that the parts are separated.*

Dr : Huh, huh.

C: I have this being like differentiated, **I don't have it in one piece**. Most people, when I ask how they perceive themselves, they feel themselves as a whole. So first we have to **separate body and non-matter and then in the non-matter, if all goes well, the soul gets separated from ego**, so it's great, it's a victory. In that case **the sentimental world is separated from the emotional one**.

**Note:** *One layer - separation - second layer - separation - third layer - separation. It is great because it allows the client and other Ozonum cases to navigate the mental space and to name the phenomena they find there.*

Dr: That's how you divide it?

C: The sentimental world is independent on the head, on thinking, emotions aren't.

Dr: I don't know if I understood correctly, what is the difference between emotion and sentiment?

C: I have a simple definition for this. Emotion is what the mind thinks of what I feel and expresses it. And we always have both sentiment and emotion together. We all have the same feeling and the head consistently expresses it, this is called sentiment. And if it doesn't correspond, we call it emotion. But that's a shortcut, because both are always there.

Dr: And the place is the same as the emotional channel, or where is it in the body?

C: Well, it is in the chest. 'I am', that is sentiment, emotion is the product of ego.

Dr: And where is the mind you talked about?

C: When mind is calm .... aha ... here in that Buddhist SILENT MIND, so it reacts exactly to the core and then it can accompany it well.

Dr: The core is here in that place, on the chest?

C: Yes, core... because I need to speak outwards. I need the **mind directed to the material world**. It is really interesting for me that there are people who do not know a state without thoughts. I've been focusing on it for a long time, if I simply don't need the thought there, I just don't have it there.

**Note:** *To learn more about his personal mythological concept of himself, I asked further.*

Dr: No? What do you have there, for god's sake?

C: Nothing

Dr: I do not believe it much that it would be possible to go without thoughts for a longer time. Is it possible?

C: SILENCE. Doctor. SILENCE. Actually, I thought I was **weird, stupid** or I don't know what , so I had to go through it all first to get it right. I let thoughts through so that I distinguish what I need for the soul and what I need for the world.

Dr: It looks like two directions?

C: Huh. No, it's just a dual use of the mind, inwards and outwards.

Dr: Inwards and outwards? (IN and OUT, BREATHING IN and OUT)

C: Yeah, from the point of view of officials it is still one and the same thing, working in and out depending on how it is positioned. So I rather do it so that **when my mind looks in, it rests**. It actually looks at what the soul is doing. That's why I don't have what most people have there, they have their minds permanently turned out.

Dr: Does it run out and in at the same time?

C: It may or may not, depending on how I want to set it up. Today I have **both at once**. Because by this I automatically get a feedback about what I have **outside and what is inside**. Aha! .... Yeah, and this ability of the mind... thank you... (he thanks for the good questions that stimulate him and immediately incorporates the newly charged cognitive elements and uses them to fill the holes he reveals in himself during the questioning). Now I have a description of how the semi-permeability works there.

Dr: Aha, aha, so please describe it to me again, that's interesting, you have already talked about semi-permeability.

C: Yeah, yeah, because the SEMI-PERMEABILITY is precisely given by the SYNCHRONICITY of that **inward and outward look** so that the mind does not add to it, does not colour it. Because at the moment ego puts a wish there, as in the sense of some wanting, some lust that I want something, so it bends it and the reaction is not **pure**. And the level of purity of the reaction causes ... ah ... great ... (he is delighted that he associates things), it causes the crash. It happened in contact with the boy (by whom he had been infected).

My Ozonum addition to repertory:

**MIND; SYNCHRONICITY, AWARENESS OF**

**Mind; connection; feeling of**

**Mind; connection; feeling of; earth, to**

**Mind; connection; lost**

**Mind; delusions, imaginations; connected; wholeness in the midst of separation and diversity, finding**

**Mind; delusions, imaginations; connected; connected to ground through feet, feels**

C: Now I can see it clearly.

Dr: Describe it to me, what did you find out?

C: I realized that during the contact when I **wanted to help** him where it was needed not to help him (he is trying to say that sometimes to help means not to provide help). And I bent it by it and it all went downhill from there. Yeah, yeah, I can see it, that's my classic DOING GOOD.

(coughing, gagging, gasping)

**Note:** Many Ozonum cases try to **DO GOOD**. They want to pass their knowledge and views to someone, they feel rejected and ignored if someone doesn't accept it. Then they withdraw into themselves. Sometimes their conception of doing good is somewhat violent and in holy enthusiasm may be a bit **invasive and coercive**.

C: Such a very subtle form. Because sometimes even hearing someone out can be wrong. That was exactly this form. You think, to hear someone out how much can it cost you, in this case I know how much it can cost me.

**Note:** I call it '**WHITE PLAGUE**'. Doing good at the expense of one's own needs and feelings and equal access to oneself and others. I call it white because it is not allowed to have deficiencies, make mistakes, occasionally refuse, or set boundaries, when help is beyond one's capabilities.

In Ozonum cases, there is **HIGH SENSITIVITY TO POLLUTION**, they talk about filth and faeces and discharge. But they also perceive this on a symbolic level. They do not want to be morally stained, or bad and black. Obviously, it will depend on the client's worldview. If he is Christian, then the devil will be behind the filth. If he follows the New Age teachings, then all the world's filth will be down to Ego. If he is influenced by Buddhism, he will speak of the filth of attachment and violence of lack of compassion. If he is into environmentalism, he will see the main focus of pollution in emissions, fossil fuel transport, etc.

**I WANT TO POINT OUT THAT PRESCRIPTION OF OZONUM DOES NOT DEFINE HIS WORLDVIEW AND BELIEF, NOR HIS IDEOLOGICAL BASE, BUT THE DYNAMICS THAT PERCEIVES THE WORLD THROUGH THE EYES OF PURITY AND FILTH. THE DYNAMISM THAT IS COMMON TO ALL OZONUM CLIENTS, REGARDLESS OF THEIR OPINIONS OR BELIEF SYSTEM, INCLUDING ATHEISM.**

I recommend looking at the Ozonum rubrics with the keywords: white and black.

My Ozonum additon to repertory:

Mind; delusions, imaginations; disease; plague, of

Mind; delusions, imaginations; disease; plague, of; white

Mind; delusions, imaginations; disease; plague, of; white; rampaging, he sees

Dr: Will you explain that awareness of yours to me? I can hear it in your voice that you've realized something. Also, the coughing fits seem less frequent?

C: What do you want to hear?! You have to ask me a question. Now I'm confused.

**Note:** *This is a typical reaction of Ozonom clients. When within focusing in the homeopathic interview we get to a place in their psyche that they have not yet explored or realized, they show some resistance. The idea that they would not know something represents a risk to them. They suddenly feel confused and do not know what to answer. They are irritated. Sometimes they admit that their minds / heads have suddenly emptied, or they refer to it as brain paralysis. I made a mistake here in the interview that I indicated to the client by my question that even though I did not see him on the camera, I was able to judge by his voice what was going on inside him. This caused his irritation. At that moment, I accidentally deprived him of his privileged and dominant position as a mentor, a spiritual adviser. I suddenly got bigger in his eyes and he got smaller in proportion. This is one of the meanings of the rubric: smaller he is.*

My Ozonom additon to repertory:

**Head; vacant feeling**

**Mind; delusions, imaginations; brain; absent**

**Mind; delusions, imaginations; brain; holes in, memory falls through**

**Mind; delusions, imaginations; brain; paralysed, is**

Dr: I got the impression that you connected these things. I just responded to your exclamation that you were clear about that. I wanted to ask you whether you would share your knowledge with me.

C: Yeah, yeah .. ok then, that knowledge, that understanding was very simple, because this is my biggest lifetime ... how to say it... ability to distinguish what belongs where, ability to properly measure, as in the sense of it to be clearly pragmatic like the scales, so there isn't that thing like today I weighed iron, I won't weigh the feathers. **All my life I've been trying to eliminate emotional reactions, which don't come from sentiment** (desire for cleanliness - desire for PURITY - WHITE DISEASE). Not to be emotionally flat, to be a normal LIVE PERSON. To express only those emotions which arise from sentiment. Yeah, and here it was the **emotion of help**. That's what I realized. It was not based on sentiment. I JUST PUSHED IT WITH MY HEAD. I should have sent him to hell and that was all.

Dr: Yes, I understand, now you can see where it didn't go by sentiment.

C: Right, now it's **clean**. You feel it correctly. You see, what helps me is the fact that I **can say** it. I use one woman for it, we have been working together for a long time, we talk about it in front of each other and we can compare it with the back picture. And because

we have the conceptual system set identically, so it actually goes very quickly after those years. We know each other since 1992 or 1993, it's a kind of marriage.

Dr: Please describe how it has been cleaned now, how do you feel now?

C: Well, **the head** started to **relax**, what I described earlier as **lead**, as if it started to **evaporate like completely out**.

Dr: Great, you're describing the process to me as it happens, like a film with commentary.

C:... huh... I'm looking at it, now it's happening in that part of the mind, in that control scheme, it is what's happening like when the company's bosses meet with the director. They have a big meeting and they say things as they really are. Who will check what, where to **improve their work**, so that the **whole company can work better**. It's happening in the head now.

**Note:** *To improve details to make the whole work better.*

Dr: Yes?

C: This is funny how **my ego scolds the conscience again!** It says: I told you, you kept moaning that I **limit** your options again, and now, here you are. This is my **weakest link between ego and conscience, which has been artificially weakened in childhood**.

Dr: I understand each of those words, but now I don't know how they are connected.

C: Because you don't have data, doctor, you would need to know a lot of data. You don't have it, not possible. When in childhood the mind gets set to how it will work, between one and fifteen years of age. So the **soul, mum, dad and the outside environment** get involved and they form the mind. I have already explored it what and when enters there, what it affects. It is actually the psychiatric work today, as they say, they work with **childhood splints**. They are actually looking for what I've been consciously addressing for years, those **mistakes**, or those **inaccuracies between the world of sentiment and the world of emotions**. Yeah, and you know I had **loads** of those inaccuracies there. I know it's good that it was like that, because if I didn't have them, I would know shit about it. I wouldn't have so much trouble to need to deal with it. Thanks to that I actually know how the mechanism works. Because I had to examine it. I'm basically a terrible egoist because **I have to sort out myself**. But that's ok, I don't have a problem with that. Because blood is thicker than water. **How can I help somebody if I haven't sorted out myself**. Since the 1980s, when I started to do this, **every thing that comes I repair**.

Dr: Is that a retrospective look that you repair yourself?

C: Well, the **process of self-repair** is that there is nothing in creation that has no cause, it is portrayed **in Matrix** that there cannot be a programme that has no purpose. That is the same thing and coincidence does not exist, of course there is randomness, but coincidence does not exist, when we talk on this level so it is cause and consequence. All this is meant to serve only the karman beings to **learn what a being is created for and to get to the principles by which the being is created**. To principles, not to laws that apply in different environments, they are derived from those principles. So it's a kind of educational programme. That's one thing. It was only when I managed to **moralize my ego** at least partially that my life changed radically. I will describe the situation to you, it's very simple. It was the time of my **holy excitement**, from the time when I was going to see a magician and it was quite difficult to talk to me then. At that time, I was coming from some massage course. It was Sunday afternoon, and as I was approaching the T on the motorway I was supposed to go left. As I approached the crossroads, my **hands and inside me it was saying** no, you will turn right. And now my **head was going crazy** and actually those hands turned right.

Dr: Aha

C: They were uncontrollable. So I drove to the first village, to turn back to the motorway. I came to the first village and there's a crossroads with three directions. **The head (said) you must go this way, and my hands went elsewhere again**. And when I was at a third crossroads, I said fuck it. So I drove and drove and came home at dawn. I called to work that I wasn't coming that day.

Dr: Aha

C: The ego ceased to think it came first. Somewhere my ego understood that it was the **first in its world, but it's not absolutely first**. And since then, everything has been different.

Dr: And this is related to self-repair?

C: Somebody comes here with something and I drive it through my sentimental world to see if it happens to concern me or not. Today I can differentiate when it concerns me, so I solve it and when it does not concern me, I know that s/he came here with something that does not affect me. Yeah, I just let **it enter my system ideologically** to see if it concerns me or not. And since the **ego doesn't rule**, there's no problem with that. At the beginning I had to **tune in to** the person's **soul**, find a source in him and **connect with that source**, then it's safe, otherwise it would be dangerous. Because that's the difference between witchcraft and magic.

Dr: So is it a particular source or do you speak in general?

C: Everybody has an absolute source inside, in the core. When I tune to the core of the other person, **I meet myself in him**. In fact, this cannot be explained to the mind because it all happens in feeling. I feel it, I don't understand it in ideas and concepts, I don't care about the philosophy.

C: If I want to explain to you how **I repair myself**, I have to first explain it on the level of the **mind so that it does not resist**. Now I'm not completely, but I'm partly connected to you, I LOOK AT YOU FROM THE INSIDE to understand better what you're asking me and I'M DOING IT IN A WAY SO YOU DON'T SEE ME.

**Note:** *In the Avatar movie they greet each other with 'I BEHOLD YOU'. Here the client explains how Ozonum perceives others. He is in contact with them, but he remains unseen. Anne Vervarcke wrote a very nice book about Ozonum: Behind the Transparent Screen. She explains that Ozonum clients retreat behind a transparent glass wall from where they observe others. They themselves remain behind the wall so that they are not seen, to avoid any harm and rejection.*

Dr. (I'm trying to make a joke and address the fact that the whole time the video conferencing is taking place with the client's camera off). I would like to say the same that I can see you but you have had the camera off the whole time, I can hear you well.

C: You can tell through the sound, too. I'm just not sure whether you know it. If you weren't sentimentally connected to me (suggesting a kind of umbilical cord), you wouldn't feel it when we analysed that source of my crappy illness. And that went through your **sentimental (emotional) channel**. Yeah, it wasn't rational, it went through your sentimental channel

Dr: Huh, huh

C: You also have it partially evident, everyone does who have met in their lives with wanting to help someone. Because it's not possible without it. The only difference is when I did it unconsciously and when I did it consciously, and that is the way in that car that divides it.

Dr: Huh, huh, you said you were looking at me from the inside?

C: Huh, into you, yes. Because now that you ask me a question, I read it in **two ways, what you tell me and what your soul tells me**. In the same way I answer you, **I give your mind answers that the mind wants to hear and I give the soul answers that the soul wants to hear**. Because this is one of the most effective (ways) to deal with the **transition of data when communicating**. In fact, it reveals very much of the known or unknown of the two who communicate. I haven't **figured out** anything more effective yet, this seems totally effective to me because **it is fool-proof and it works for everyone**.

Dr: That fool-proof thing is to look from the inside, that's what you mean?

C: To have a communication channel set up so that souls communicate and minds communicate. So there are **two pairs at the same time**. One goes through the sentimental channel and the other one through emotional, so it manifests itself through words. Emotion is what I feel and I express it.

Dr: I was wondering how your sinuses react to this two-way communication of souls and minds?

C: Now they're a little relaxed. If I have **STRAINED VOCAL CORDS**, when I speak, I **need humidity**, so I'm eating an orange right now to make them **moist** and acidic so I can talk well.

My Ozonom adds-on:

**Throat; dryness; hoarseness, with**

**Larynx & trachea; dryness; hoarseness, with**

**Larynx & trachea; tickling in air passages; hoarseness, with**

**Speech & voice; hoarseness; morning; waking, on or after**

**Speech & voice; hoarseness; air; cold, agg.**

**Speech & voice; hoarseness; room; cold, in**

**Speech & voice; hoarseness; cold; taking a**

**Speech & voice; hoarseness; dryness of air-passages, with**

**Speech & voice; hoarseness; exertion of voice, from - CONFIRMED**

**Speech & voice; hoarseness; waking, on**

**Speech & voice; wanting, lost; morning; waking, on**

**Speech & voice; wanting, lost; cold; becoming**

**Speech & voice; wanting, lost; cold; taking a**

**Speech & voice; wanting, lost; dryness of air passages, from**

**Speech & voice; changeable, changed; voice; changes timbre continually**

**Respiration; deep; desires to breathe; hoarseness, with**

**Respiration; hoarseness, with**

**Cough; hoarse**

**Cough; hoarse; barking**

**Generalities; dryness; internal, parts usually moist - 4grade**

Dr: You need something moist there, what is the effect?

C: **Relaxation, yeah, relaxation.** Because before, when the crap is there, there is stress, **tension, and I release it with the fluid.**

**Note:** *This is also a very common expression of Ozonom clients. If they have any symptomatology in the area of the throat and mouth or pharyngs and esophagus, they*

try to drink a lot. They say it's refreshing, moisturizing or **HYDRATING DRY TISSUES**. You will also hear metaphors that will use words like cleansing, flushing (similar to flushing a toilet).

Dr: Does the strain have a more specific form, can you elaborate on that or describe it closer?

C: Tension.... oh ... in the sentimental channel, if it's quite adequate, that kind of stand by, ready to talk, I'd call it zero. Now with the tension I have that stand by shifted to positive numbers.

Dr: Do you feel the positive numbers physically?

C: No, no, no (Note: 3 times)

Dr: And how do you know it's a plus there?

C: In that sentimental channel **I perceive my whole being. The emotional world is superior to the ideological, intellectual, energetic and physical. All the parts are equally important**, but in each one, the principle of life manifests itself in a different way. The orange will help it on a physical level, so that the **vocal cords and the breath are relaxed**.

Dr: It's happening now? Are you experiencing it now?

C: Yeah, but it's only in that area of the vocal cords, **I had to split it**, it's the same on the lungs.

Dr: Something relieves the lungs, too?

C: They were relieved by the description of the cause that the head accepted it. **There the state of the brain changed instantly** and it took some time on the lungs.

**Note:** Another quite typical expression of Ozum. I often hear, especially in the types exploring their own psyche, that at the moment something **CONNECTED**, when they understood something, the tension and overpressure disappeared from their system. Sometimes they say: and the **whole thing blows out...** pfuuuu... and disappears, there is no more tension there, no more overpressure. Like a steam.

My Ozum adds-on:

**Generalities; tension, tightness; pressure, like under, internal, without outlet - 4grade**

**Mind; activity; desire for**

**Mind; activity; desire for; creative**

**Mind; dance, desires to**  
**Mind; dance, desires to; wild**  
**Mind; occupation, diversion; amel.**

Dr: And what exactly do you mean by acceptance, I know we discussed it, what was the cause?

C: Acceptance meant I equalized, that my **ego placed a sentimental response to an emotional demand to help the boy.**

**Note:** *This is a very common reason that Ozonum clients associate with their disease or de-compensation. They feel they gave themselves out, they wanted to help, but the result is that they themselves suffer. As if the help turned against them. They are angry and blame themselves for doing it. They feel that they have crossed their borders, and that is why they don't feel well afterwards. The reason for help is, besides honest motives, to keep certain dominant position in the sense: 'I know, therefore I can help, You do not know, therefore you need help'. This creates unbalanced ties as described in transactional psychoanalysis: 'I'm OK, You're OK'. THIS is often the reason for their collision and subsequent disappointment. Because for many people help offered from a dominant position is unacceptable. They refuse it. Ozonum then feels generally rejected and often gives up further efforts to help someone at all.*

C: The moment the ego has accepted that it's like that, it does not collapse. **It knows that it makes mistakes and that it learns from those mistakes, so it suddenly relaxes in the whole system.** It is as if a company director realized that he made a stupid decision and said **in front of the whole company, yes we did it wrong.** I will eat humble pie and do everything so we can avoid repeating it next time. Done. It's a simile again, doctor, yeah.

Note: Again the idea of constant repair, continually on-going system repairs in the background.

Dr: Yes, I understand the comparison, describe the release to me. I understand it is the sentimental world, I understand that already, and you say there was a change?

C: Aha, the system... I have the system set up so that when I encounter a situation where the **sentimental and emotional worlds are not in compliance**, stress arises. It manifests at **different levels**. That's the setup so I know I need to focus attention there and do something about it. And because the **head got it, there is no need for stress and it relaxed.**

**Note:** *You will often hear similar statements from Ozonum clients. Their perception of the world takes place at different LEVELS and LAYERS. It takes place in different parts and at the same time as a whole. Parts inform the whole and the whole informs the*

parts. You will hear them talking about communication between **head and chest and belly**. As if those parts were compartmentalized. Most often they talk about the head, which is the weakest or strongest link in the chain. Then they describe this place in the centre of the chest, a kind of hole. Through which enter and exit breath, prana, soul, energy, cordiality, etc. When they are dyspnoic, they would prefer to make a hole there and open the place forcibly so that fresh air can flow back into the lungs. On the abdomen they point to the **solar plexus**, where the most common pathology is a contraction, sometimes described as if there was a **stone or a bubble** that presses on the walls of the stomach. They put THIS into connection with the contracted diaphragm and the inability to breathe freely. Many female clients, in particular, told me about the lower abdomen. The place the Japanese call hara. It was a place of pleasure and delight for them, or on the contrary, contraction and pain and a symbol of deadened vitality and lost life. There are many symptoms in the lower abdomen. Either of the urogenital tract or the intestinal aetiology. In regards to the compartmentalisation, I prescribed some Hymenoptera, such as *Apis mellifica* and *Vespa vulgaris* and *Vespa glabro*, before I understood it was an expression of Ozonum.

My suggestions for repertory add-ons:

[Mind; delusions, imaginations; head] OZON

[Mind; delusions, imaginations; head; balloon, is a captive] OZON

[Mind; delusions, imaginations; head; belongs to another] OZON

[Mind; delusions, imaginations; head; separated from body, is] OZON

[Mind; delusions, imaginations; body parts; hole in his chest] OZON

[Mind; delusions, imaginations; chest; hole in] OZON

Dr: Will you try to describe it further to me? I can't hear you coughing so much.

C: There is this relaxation, stand by and relaxation at the same time. I don't know how to explain that it relaxes. What are you asking me again?

Dr: I'm sorry, I am asking about the experience of relaxation, what is its quality?

C: You will get the overall feeling, **I feel more**, I feel better, I feel more **FULL**. I don't know how to say it, the level of feelings becomes more comfortable, **BIGGER, MORE ROBUST**, I don't know how to describe it better.

Dr: You explain it very nicely to me. You get more robust and feel fuller.

C: The words don't describe it, but it's probably the only way I can explain it. **The order was restored**, as in the sense of the principle of functioning. So the **energy is flowing everywhere** actually, yeah, **THE PLACE WAS REPAIRED WHERE THE PIPELINE BROKE OR WHERE THE PIPELINE WAS NARROWER IT WAS MADE WIDE ENOUGH**.

**Note:** You will hear similar metaphors especially after successful prescription. Patients will say that they feel as if their **soul has been patched** like a tyre through where either

*their energy and life-giving power was leaking or a hole was patched through which something foreign has entered into the system. A hole they couldn't fix themselves. The direction of Ozonum does not matter, the dynamics is, like in other symptoms, IN and OUT simultaneously, depending on the context and the phase of compensation and de-compensation, whether they perceive it as directed outwards or inwards. In any case, especially with the coronavirus pandemic, I have heard, for example, that Ozonum worked for them as a road worker, repairing the potholes on the road and asphalting them (see the TAR rubrics). Or that they feel that they may have grown again and become more robust, to fill their experienced emptiness, because the hole through which air or energy had leaked was sealed. They describe it in terms of car tyres - a sealed tyre, repaired tyre, tyre tube. Or they use plumbing terms, such as repairing gas or water pipes.*

Dr: Did you perceive it as a constriction before, like a narrow tube?

C: Like a **constriction** or a **ruptured pipe** and **water leaking** and it didn't work. In that comparison there is a sealed hole and the pipe is widened.

Dr: Yes. Thank you. I feel you are relieved. I think we can end it here. Do you agree? I will send you a medicine whose job description will be to seal holes and repair pipelines.

C: Okay, okay, doctor, I wave even if you don't see it!

Dr: I have one more question. I'm doing an epidemiology study, everything is anonymous. Could I publish your case? It will be very edifying for homeopathy colleagues.

C: Yeah, yeah, maybe even publish the profession, they cancelled it for me, I now offer services of personal type, so I'm on the level of a prostitute.

Dr: You don't have to pay tax then :-)

C: Unfortunately, I do!

Dr: Taxed prostitute... that is not good :-). I put consultancy there.

C: Yes, PERSONAL-type services.

Dr: I have another request. I have a lot of cases and I wonder if someone else could transcribe your case from the recording. I would ensure all anonymity and prepare the case for publication.

C: Wait a minute, that's very interesting. Because I talked about some things that aren't like... understand, they could be misinterpreted. This could **CREATE FUTURE HOLES** in that **INFORMATION FIELD.**

Dr: And we don't want that, we understand it both, especially when we end our call with your pipeline repaired.

C: Yes, yes, you understand it correctly.

Dr: I will make sure the text is transcribed by a reliable person, or do you know someone who could do the transcription?

C: A friend of mine can do it, she would be happy to do it, we have like a distance-marriage.

Dr: Thank you very much for your help. It will help me publish the case sooner.

For other rubrics see **OZONUM PENATCHORD**

**Rx OZONUM LM1** drops daily, first day in a glass and sip all day drop

## Follow up

We agreed that he would call the following day after taking the medicine. He didn't call until the evening, so I decided against my habits to call him myself. The following day after the medicine.

Dr: Hello, I'm calling to ask how you are doing, like we agreed?

C: Well, you hear that in my voice. Good. It's very interesting, doctor. I can't talk much because my **vocal cords are strained**. But otherwise I am doing much better. It is not physically manifested yet. So the feedback is that when I started sipping it, I started to **MELT INTO A FOG**. It was so interesting, so **CRYSTALLINE**, as if you had **FROZEN FOG**, like when **SNOW SHIMMERS**, when it is deeply freezing and snow falls, that's how it shimmers. And I stopped functioning and **I started to be this melted, AS INTO SPACE, SUDDENLY YOU CANNOT BE CAUGHT**. So this was immediately. And then I went to bed and had a pretty heavy **cough** at night and **mucus started to fall out of one eye**.

My Ozonum additions:

**Mind; connection; feeling of; crystals, to - OZON**  
**Mind; delusions, imaginations; snowflakes, of - OZON**  
**Mind; dreams; ice, of - OZON**

Dr: Yes?

C: That eye, yeah, I've already **fixed it**. I clean it with the **chlorine water**, it kills the monsters very quickly. So now the eye is just fine, but still the **vocal cords**, but from the **bronchi** it is like, it's about 60% better. I mean in the energy form, not in the physical, it will still take some time. It is, it is shifting, how to say it, I have to slow down, I **slept** until now, from evening to now with those breaks and like it was accompanied by quite heavy **dreams**. You know, how it **boiled** in me. But to be honest, the strongest effect I have after the homeopathic is that it like **BURSTS, SPREADS, FREEZES** and at the same time it is in some way **ungraspable**. Yeah, it was a very interesting impression.

Dr: Yes?

C: Something similar like a dry form of ice. Something similar when you take homeopathic plum brandy, I don't know if you've ever tried it. When you need to fix (make stable) a psychological state, you take a tiny but really tiny sip of plum brandy or similar pure alcohol and it **STABILIZES THE AURA**. This worked exactly the same, except that with the plum brandy it is very material and wet but this one is so **SHIMMERING AND DRY**, but the effect is very similar.

Dr: Stabilize the aura? How can I understand this?

C: It doesn't shake you so much that YOU ARE JUST EVERYWHERE that the **monsters have nothing to hold on.**

Dr: Yes, the monsters have nothing to hold on!?

C: Because **YOU ARE EVERYWHERE**, yeah, try to push the **frozen fog** into a corner, it's really hard!

Dr: You have such beautiful metaphors for this...

C: I hope you find it useful ... I don't know what else to say. **In the evening there was the fog and in the morning it just stabilized and now I don't feel the medicine anymore.**

Dr: I suggest you now prepare the drink in the same way but you take only half before bedtime, sipping and then stir again, no drops and finish it in the morning, so you'll have a split dose in the morning and evening.

C: And just one drop again?

Dr: One drop is enough.

C: I didn't expect anything from it, I have it like this, and either something comes or doesn't come, so this came, if it's too little or too much, if it suits you or not, it was just like that.

Dr: It suits me like this but the important thing is that it suits you.

C: Now my **voice is skipping**, as soon as I get it from the vocal cords it will be good. I have already stabilized the eye fortunately. We also have to take into account the fungi (medicinal), because it somehow supported it.

Dr: Yes?

C: Huh, I felt it stronger, or at least it amplified the effect. Maybe just because the energy that the fungi have had **spread with the fog** into it. The effect is that you **DISAPPEAR AS A GRASPABLE OBJECT AND BECOME A FOG**. If I had to fit it in a single message, to best describe what happened. It was interesting that it was in one gulp. Interesting medicine. I don't even know how you make it. It doesn't even matter if it's done by such a method that you write it and format it, for me it's all just information that has a medium.

Dr: Classic drug from the pharmacy, LM potency.

C: Yeah, yeah, by not worrying about it, I have no idea, but I have classified homeopathy among informative medicine. That's how I like it, because that's how I cover all types of homeopaths. I am in peace with it so if it does not offend you, I would like to stay in it.

Dr: I'll do it the same way.

Dr: If there's anything you need please contact me. If you have any more observations, metaphors, write them to me too.

C: Yeah, uh, for me it's the most understandable, because I will express that feeling. Yes, it is a metaphor, a comparison, that's how you will get closest to the point. Dreams, I wouldn't tie them to it. What I dreamed of was **cleaning the mess** that had been there anyway. I would not link it to the drug (note: he thinks that dreams are not related to the effect of the drug).

Dr: Did you have any dream about cleaning the mess?

C: No, no, no, I have it, how to say it, I have different environments in which I move and when the **tracks** appear there, as I was born almost **at the railway station**, so it's always about **life journey**. Here it was very interesting, it was in the urban environment. It's not like simmering. It was how to **use the tracks to overcome heights**. It was about different **levels of living standard** (Ozonom clients express themselves in layers and levels, floors and ladders). It was weird in that city. I came by **train on rails, which were almost overgrown**. Everyone was stunned because everyone had to walk and they **forgot what rails** were for. So it's quite funny. So I rode through there and good.

Dr: Aha, aha

C: You know what, I have more than that. Even more, technical. The rails are always interesting because they are connected, in my case, archetypally. As soon as there are **rails, it is a life journey**. Because when I dream about train stations, rails and anything, I know that I am dealing with some matters from my life journey. Here it is, that it was **NEGLECTED MAINTENANCE**. The people didn't even know that the tracks were there, that the train could go there, in that sense it was strange.

Dr: It was about a life journey, and the cleaning from the dream you deduced from what?

C: When riding through there, those tracks had to be... to enable going through ... so it had to be **CLEANED** from the **deposits of those people** who actually didn't know its purpose anymore. You have rails in the city and the train went there maybe **300 years ago**, yeah, and those rails are still there and nobody knows why they are there and they are still there, and now suddenly the train comes, and they stare.

Dr: Was it just a locomotive or train cars too?

C: Cars too, I never go alone! I sometimes board the train, sometimes I see it from the position of the train, yeah, it differs with me. Sometimes I even look at it from **ABOVE**, like from another space. Once I even went **OVER THE WHOLE EURASIA** where there are tracks, where there are no tracks, when which roads can cross and which not. I have had this kind of dreams for years. The mind in the dream uses ... I know it's a dream, and it thinks: we dreamed it back then and there was the track like that and they remade it like that ...

Dr: Actually, you have a... how to say... a dream landscape where you return to?

C: It's **another world**, I wouldn't call it landscape. **A WORLD** in which the laws like here don't work. You see, it has its rules, but there may be such a possibility that you normally **lay tracks in front of you by a thought**, where there are no tracks, and such funny things. Like the transition between the normal world and the Harry Potter world, I would compare it to that?

**Note:** Ozonum clients like **Harry Potter, Avatar, Matrix and Lord of the Rings**. In the repertory there is a rubric in dreams: Obelix and Asterix. They like movies where they can move freely from one reality to another, the idea of **TWO WORLDS**, where the physical laws of gravity do not apply, where nothing weighs on them, they can move freely, they can fly, they can do miracles, **create a world with a thought** that they wished for themselves. Change their environment so that they live well in it. To make it a **safe** but at the same time a **connected** world. Here it is expressed in the symbol of laying tracks and connecting transport junctions and places. There are dreams about traveling, railways, etc. About places like Beijing, Russia, islands. I've already heard of the **GREEN ISLAND** dreams from several Ozonum patients. It evokes Ireland, there is a lot of greenery and there is a lot of water and rain. The grass is juicy and fresh. Everything is well-kept. Sometimes they feel in the dream that the island belongs to private property.

### Mind; dreams; traveling, traveling; Railroad by

My Ozonum repertory additions:

**Mind; dreams; Islands of: OZON**

**Mind; dreams; Islands of; green: OZON**

**Mind; dreams; station, railway. OZON**

C: The **worlds build on each other, but there are certain rules in one and different rules in another but both worlds work.**

**Note:** Usually they describe it as two different worlds. A world of seeming reality - like in Matrix, and the world of true reality when they are **liberated from Matrix**, when they get rid of illusion, the veil of ignorance. Or like in the Avatar movie. One of the worlds is always burdened with some problems, they cannot move freely in it, they face problems they are helpless against. In the second world they have magical and other abilities, they can move freely, etc. They can **FREELY PASS BETWEEN WORLDS**. For each patient, this topic is dealt with by individual symbols and metaphors.

Dr: And how you said you were above the whole Eurasia? Above the whole world too?

C: I saw **tracks where you can ride, where you cannot ride**, where there are people, where it is **friendly to live**, where it is unpleasant and so on. I **ZOOM it**.

Dr: Please I don't understand, what do you do?

C: I will zoom in or zoom out. You need an **interesting border** between Moravia and Austria, there are **energy lines**. Different **points**, yeah, or Siberia is also very interesting, like the northern part, yeah, like downwards to India and there, the southern part is not. But our **moderate belt** all the way up, the whole thing. You know, these are my different views on those things. In spite of this, I always realize that it is as if I was getting **data**, from television, from radio, **FROM THE WORLD**, where and what is happening. If it's lot of it and I don't understand it and I need to **define** myself against it in some way, yeah, I take it into a dream at night. It usually translates into my **railway system**. Then I understand it through the archetypes of the machines.

Dr: Ah, what does the machine mean?

C: It's not that it's fixed, the archetype is always the same, it is changeable. It's like some magician tells Hermione in one episode - do you know **CHANGEABLE MAGIC?**

**Note:** Changeable spell, different form each time, different facets, different mimicry every time, masking and a magical **invisibility cloak**. Hermione from the Harry Potter movie.

My Ozonum adds-on:

**Mind; delusions, imaginations; cloack, invisible**

**Mind; delusions, imaginations; eyes; of**

**Mind; delusions, imaginations; eyes; of; big**

**Mind; delusions, imaginations; spied on, he is**

**Mind; delusions, imaginations; watched, that she is being**

**Mind; delusions, imaginations; eyes; of; big; bad, sky in**

Dr: In that dream, the little machine also meant something or the unkempt tracks were more important?

C: The **messy rails** were more important and **different height levels were crossed** and that it was precisely not the simmering method, but **forwards and backwards**. Forwards, backwards, as in the sense of I will accelerate, decelerate, accelerate, decelerate, accelerate, decelerate (3 times – they often repeat a certain phase three times), ok?

Dr: How shall I imagine floors?

C: It is that the little machine rode at a height, relatively very high in that landscape. Now it was coming to the city and now you ride slightly downhill and get to the end, there is a stopper, this is a kind of platform, a track switch and now it goes sideways in the opposite direction next door and it drops again and then there is another stopper and then again and again and the bottom ones, they were already among houses, such as it sometimes is, it still exists in America when tracks run **in the middle of the road**.

Dr: Thank you for today's call. I think the frozen fog that prevents those monsters from seeing you works well. You will continue now only twice a day. I will send you instructions by email.

C: Ok, thanks and bye.

**Rx OZONUM LM1** drops daily

## Follow up - after 10 days

In the meantime, coronavirus test had been done and came back positive. The patient was instructed about a strict quarantine, no specific allopathic therapies were recommended except for hygiene measures. The patient was assessed as moderate and uncomplicated case of CoV-19 while already taking Ozonom.

C. I told you they found the bastard. Otherwise, nothing came out of it.

C: Since we last spoke, the next day it was about 70%, then 50% and then about 10% and now, I don't even notice it (symptoms). As if something had fallen off quickly, in terms of experience, **I do not feel the effect at all**, compared to the first and possibly the second day.

Dr: Yeah, yeah, I understand that.

C: Yeah, otherwise I keep doing it as you told me, yeah. Yeah, I hear this too, so I start on it or did, and I have the same experience, I often hear it. At first it is rich in experience and then it **disappears out of sight**, that's how I would call it.

Dr: Huh, huh, huh. I would like to encourage you a little. When I first prescribed the drug, I made a mistake subsequently, because we felt with the client that the healing effect had already been achieved and we changed the drug. I tried five other medicines until we ended up with Ozonom again and there was a quick healing response again. Try to explain to me how you see it. I must say that your experience with the medicine will help me to understand it better.

C: Yes, I don't know, like, please ask differently, I can't grasp it.

**Note:** A typical response of an Ozonom patient. The answer is ungraspable. Sometimes I really believe them that it is not easy to give an answer. Sometimes I have the impression that they use it as an excuse not to have to respond. Anyway, I also made some prescriptive mistakes and prescribed for this incomprehensibility and grandeur and the feeling of being in a **COCOON** of a butterfly, etc. most often **Limentis bredowii californica**. The treatment response turned out to be better with Ozonom.

My Ozonom repertory adds-on:

**Mind; delusions, imaginations; cosy and cocooned, she is**  
**Mind; delusions, imaginations; butterflies, of**

Ozonom "lack of structure" additions:

**Mind; responsibility; wants to give up her**  
**Mind; fear; responsibility, of**  
**Mind; responsibility; aversion to**  
**Mind; indignation; responsibility of others, with the lack of**

**Back; cervical region; muscles, trapezius**  
**Back; cervical region; spine, vertebrae**  
**Back; cracking; cervical region** - confirmed  
**Back; constriction; dorsal region**  
**Back; sacroiliac articulation** - confirmed  
**Back; bar, as from a, in the back**  
**Back; injuries, after; spine**  
**Back; injuries, after; spine; blows or sudden shocks** - 3 grade  
**Back; injuries, after; spine; cervical region** - dif dg. uranium oxydatum  
**Back; injuries, after; spine; coccyx**  
**Back; pain; extending to; head** - confirmed  
**Back; pain; cervical region; morning**  
**Back; pain; cervical region; waking; on**  
**Back; pain; dorsal region; morning**  
**Back; pain; dorsal region; inspiration, on**  
**Back; pain; sacroiliac articulation** - confirmed  
**Back; pain; coccyx, coccygodynia; injuries, from; fall, after a**  
**Back; stiffness; morning; waking, on**  
**Back; stiffness; cervical region**  
**Back; stiffness; cervical region; morning; waking, on or after** - dif.dg. morpho-m  
**Back; stiffness; cervical region; headache; during** - confirmed  
**Back; stiffness; cervical region; waking, on or after** - morpho-m, neon  
**Back; stiffness; dorsal region**

### **Mind; delusions, imaginations; back; spine, connects, Earth and Sky**

C: I don't know what to answer. Because I have already told you about my experience. If **you want to squeeze more out of me**, I need a specific question! If you don't ask me, it **doesn't flow and I don't know what to tell you**. I am not stimulated to answer. Not that I don't want to, but I have no stimulus. I **respond to stimuli**, when I have no stimuli I'm in a stand-by mode and good bye! (like communication does not take place)

**Note:** *This is also very typical for Ozonum patients, almost everyone experiences it at some level. They have it at an exam, they have it at a job interview. They have it in discussion with friends, teachers, authority, clerk, homeopath or other therapist. When they can't grasp it or respond immediately, they are irritable and start to behave resonantly. They accuse the interviewer of not asking the right question, pressing them for answer and wanting to **SQUEEZE SOMETHING** out of them what they are not **CAPABLE** of at the moment. This causes different reactions. They may have diarrhoea or want to urinate, or most often they will behave arrogantly and angrily. They want an impulse, a stimulus, a bit of light that will help them to understand. They don't want*

*anyone to light up for them. They just want a stimulus so they can figure it out themselves and then shine. This applies both to the cognitive level and symbolically.*

Dr: When we talked together the first night, you said that things connected spontaneously. You used such a nice metaphor. You compared it to a tube from a tyre that got patched up so that it could flow.

C: I don't remember. With me, I got it just **online and when it disappears, I don't know anymore**. So I have to fine-tune myself precisely and then I will re-produce it again. So far I have no stimulus from you that I should do that. It's quite taxing to get back into that exact feeling.

Dr: That's just a misunderstanding; if it's not there I won't make you go there. Tell me what you want to tell me.

C: Ok, ok. I'm not in this right now, I have there ... I got CALM there. It's there when I tune in and I'd like to give you a summary report, so ... well ... the medicine will make the **ENVIRONMENT AROUND YOU THIN**. It seems to DILUTE THE SPACE, yeah, like you **don't feel so much pressure** and I suppose this will be why they have more **opportunities for regeneration** inside.

Dr: Huh, huh, please continue...

C: You can imagine it like, now it just jumped in there like **AFTER A STORM**. After a thunderstorm, the proportion of those molecules in the air also increases, the air is **THINER** or... it's not physically, it's emotionally. So I experience the same thinness with the medicine.

C: But, like how to measure something if you don't have the standard, the scale. I don't have the scale for it. I only know one thing that the shitty coronavirus I have now I only had about two or three times. At this level of experience, and when I compare it to it, there is only a difference in how much it is **grimy** or **heavy** or **inflated**. It's thinner, less grimy, the course itself, I do not perceive the impact like directly. **It has improved the circumstances**. What is around it seems to be **easier, simpler, less grimy**. I do not perceive a direct connection with the disease, but I see an indirect connection with the conditions under which the disease takes place.

Dr: Huh, huh.

C: And there is significant help! If I wanted to put it as a label, **grasp it** somehow. What works well on it is the tea from the Greek rose. There I feel it directly affects the monsters. Or the **CHLORINE WATER** goes right there. But the fungi, they also go directly, but they go through the environment in which the monsters move. Yeah, like the **fungi affect the fluids**, all that is around, while the tea goes right into the

monsters. This (homeopathic) affects something around it, but not on the material level, on that energy level. I compare it to the **AIR AFTER A STORM**.

Dr: Like air after a storm?

C: Yes, it is essential because it is **REFRESHING**, there is FRESHNESS and there is some **KIND OF PURITY** that is not there before the storm.

Dr: Purity?

C: It's differently **arranged**, like energetically, like **positive and negative charges are** where they are supposed to be. Like it **blew up with those lightning bolts**. And when it's before a storm, it's not there. At the same time, it ionized and so on and so on and so on (3x).

Dr: Purely physically and chemically?

C: **THE ENERGY HAS SOMETHING TO LEAN ON IN THE MATERIAL WORLD.**

**Note:** *This is a very important statement of Ozonom. That statement belongs among therapeutic responses. They have a feeling that the world doesn't see and hear them. They feel they have no effect on what is happening around them. They are ignored. UNSEEN AND UNHEARD, as if they could not express themselves in this world, in this reality. As if they could not exercise their talents and gifts they have. They may be dealing with this until old age unless they resign earlier.*

My Ozonom adds-on:

**Mind; delusions, imaginations; invisible, he is - 4 grade**

**Mind; delusions, imaginations; transparent; he is - 4 grade**

**Mind; delusions, imaginations; transparent; people are, he can look into them**

**Mind; delusions, imaginations; invaded, one's space is being; mother, by**

**Mind; delusions, imaginations; invaded, one's space is being**

**Mind; delusions, imaginations; bell over him, a transparent - confirmed**

Dr: Huh, huh, it has something to lean on in the material world. What happens next when the energy has something to lean?

C: It's simple, it's linked to it. This means that at the moment **WHEN THERE IS SUPPORT, THERE'S A BOND WHEN THERE IS A LINK THERE IS ALSO ACTION.**

**Note:** *If they have someone to lean on, some reference person. It is often a grandparent. That is how they feel in a relationship and feel they have weight, that there are traces left of them in the world, that they can influence something, accomplish something. I have repeatedly heard stories when Ozonom clients decompensated after a grandparent's death, most often grandfather. They experienced it as a shock that they*

never recovered from. They describe it just like feelings before an exam. Suddenly their **brain shut down, got paralyzed, they couldn't think, couldn't feel, couldn't move**. They stand there alone, abandoned, **WITHOUT SUPPORT**. They don't know what to do, no one can advise them. They feel that to the right is not right, to the left is not right, nor backwards or forwards. Whatever step they take, everything can be accompanied by failure, error and setback. If the grandfather came to them and advised them, they could move forward. Sometimes the role of grandfather is represented by older partner of the mother, etc.

My repertory addendum:

**Mind; death; ailments from, agg.; parents or friends,**

**of; grandparents; grandfather: OZON**

**Mind; death; ailments from, agg.; child, of: OZON**

Dr: Huh, huh, so they become ... please just finish the idea.

C: A participant

Dr: A participant in life?

C: Yeah, a participant in what is happening.

Dr: And the opposite state, when it is not after a storm, so what's the difference?

C: There's just where it is grimy, the **state before the storm is heavy, grimy, kind of sweaty, yeah, while the state after the storm is crisp, fresh**. It's just like I said, like the closest simile is, it's like having air after a storm. That the external conditions change as you respond to it. It helps me with that, or to the extent that it **relieves** me **of the pressure** that is here of the grime, that I **artificially make the state after a storm**.

Dr: After the medicine, do you create a state after the storm? Nicely put.

C: Yeah, as if you are getting into this, so you have a chance, you **give that organism a chance to recover**. Yeah, and in that sense, I think the medicine works. Like, it is not the main thing, it is not for those viruses, but it **improves the environment** in such a way that the other (medicines) that can get to it, have it easier.

Dr: Yes, it's about the environment...

C: Yes, about environment. The question is who imagines what in that.

Dr: What you told me is very useful knowledge about the medicine. Thank you and I will look forward to more news from you.

C: This is no problem for me to talk about it. I just need you to ask me the right questions. You'll get it out of me, but I need stimulating.

Dr: Yes, yes

C: **I don't work without stimuli!** To sum up, the most acceptable image is **AIR AFTER A STORM.**

Dr: I would like to ask, before, I used to pick pictures and graphics to accompany cases myself, what picture would you choose for yourself to summarize the treatment response? What would characterize it the most?

C: **A rainbow**, it came right there!

Dr: Ok, I will arrange a nice rainbow for you. Thank you,

C: You are welcome, doctor. Look, take care, **I AM WAVING EVEN THOUGH YOU CAN'T SEE ME.**

**Rx OZONUM LM1** drops daily to continue

= FINIS CORUNAT OPUS=

## OZONUM - the remedy of our time

I expressed my belief since the beginning of the coronavirus epidemic that the remedy Ozonum covers a **more extensive indication range** compared to the conventional definition of a disease-centred genus epidemericus (DCGE).

I am convinced that the Ozonum dynamic very well resonates with contemporary challenges we have experienced globally and on an unprecedented scale. It ranks the highest among the prescriptions in my practice. In my modest opinion, Ozonum deserves due to its wide range of applications, the name **the global impact remedy**.

It seems to me that the dream of the inner reality of ozone has become a dream of global (and consensual) outer reality of contemporary life in general. It is, from my point of view, the characteristic feature in this particular coronavirus pandemic.

I start to call ozone after seeing numerous cases and understanding more the underlying dynamism **the sovereign three-headed BLUE protector of living space and primordial breath of life**.

**It might be interesting for you to contribute by sponsoring the translation from the Czech language to English. I collected a large number of Ozonum cases, and funding translation will enable me to hire more translators and publish sample cases faster. The homoeopathic intakes are a living *materia medica*, and I have distributed my work among the homoeopathic community for free. I have been spending a lot on high-quality translation. Any financial contribution and donation will be welcome and much appreciated.**

I would also like to invite you, each of you, to cooperate on the **GIW (GIVE) - Global Impact World project**. I dream of doing a multi-centric homoeopathic epidemic study, and every hand, brain and heart will be needed and appreciated.

I believe we can do an excellent deal for humankind and the world as homoeopaths now. I think that if we carefully document each successful Ozonum and another prescription, we will collect a statistically significant sample together. Consequently, we can present clear evidence of the benefits of homoeopathy and its effectiveness in service society and humankind.

Soon I will launch the webpage called:

**www.GLOBAL-IMPACT.world**

Do not hesitate to contact me in need of further clarification.

With best regards and wishes of well-being,

Dr Petr Simeon Gajdos (CZ)

## Copyright

The articles and cases written by me are for free distribution among homoeopathic professionals or homoeopathic bodies and schools. **Please, always quote the source.** Do not share it on Facebook among the broader public - it is only for professionals. Articles are copyrighted.

## Disclaimer

Despite an exponential growth of Ozonum prescription, I continue to have an individual approach to my clients, as the cases presented up to now have shown. **I do not prescribe it at random or in a blanket manner.** To honour and respect the individuality of the person is the desirable condition **sine qua non.**

## Published articles

- ▶ [OZONUM - remedy of our time](#) - the first letter about Ozonum
- ▶ [OZONUM PENTACHORD EN](#) (latest update v1.5) - Rx pointers
- ▶ [OZONUM - BEHIND THE TRANSPARENT LAYER](#) - The Ozonum Trinity
- ▶ [HOMEOPATHIC OZONUM GLOBAL TRAVEL AGENCY](#) - air traveller Ozonum/CoV19
- ▶ [RESSURECTION](#) - Ozonum and inhalation airways injury - published 14.4.2020
- ▶ [TO ALL HEAVENLY ANGELS](#) - condensed MM of Ozonum in EN/FR/DE/CZ
- ▶ [THREE BLUE BUTTERFLIES](#) - a poem honoring Ozonum 18.4.2020
- ▶ [The OZONUM No.K sample case](#) - 1st published case in Feb 2020
- ▶ [The OZONUM No.S sample case](#) - 2nd case
- ▶ [The OZONUM No.L sample case](#) - 3rd case
- ▶ [The OZONUM No.I sample case](#) - published
- ▶ [The OZONUM No.M sample case](#) - to be republished
- ▶ [The OZONUM No.H sample case](#) - published 12.4.20
- ▶ [The OZONUM No.V sample case](#) - republished 17.4.2020
- ▶ [The OZONUM No.R sample case](#) - in translation
- ▶ [The OZONUM No.P sample case](#) - published 22.4.2020
- ▶ [The OZONUM No.T sample case](#) - in translation
- ▶ [The OZONUM No.C sample case](#) - in translation
- ▶ and more cases will follow

## Links

### INTRODUCTION – REF – WHO

<https://www.who.int/health-topics/coronavirus>

### OZONE CAN BE USED TO DESTROY THE NEW CORONAVIRUS AND DISINFECT AREAS

Source : Thailand Medical news Feb 05, 2020 2 months ago

<https://www.thailandmedical.news/news/ozone-can-be-used-to-destroy-the-new-coronavirus-and-disinfect-areas>

### POSSIBILITY OF USING OZONE MICRO NANO BUBBLES, OZONE THERAPY & ROUTINE DAILY ACTIVITIES TO CURE AND PROTECT AGAINST CORONA VIRUS INFECTION

Feb 06 ' 2020

<https://www.nanobble.com/possibility-of-using-ozone-micro-nano-bubbles-ozone-therapy-routine-daily-activities-to-cure-and-protect-against-corona-virus-infection/>

### UMBERTO I EXPERIMENTS WITH OZONE THERAPY: THE GOAL, TO IMPROVE THE BREATHING OF COVID-19 PATIENTS

3 APRILE 2020 di Enrico Tata

At the Policlinico Umberto I in Rome, explains Dr. Francesco Pugliese, director of Unit B of Anesthesia and Resuscitation, the ozone therapy protocol has already been approved and today the first patient will be recruited. The goal is to improve breathing for coronavirus sufferers.

<https://roma.fanpage.it/lberto-i-sperimenta-lozonoterapia-lobiettivo-migliorare-la-respirazione-dei-pazienti-covid-19/>

### NO NEW COVID-19 DEATHS IN BALEARIC ISLANDS AS IBIZA CLINIC BECOMES FIRST IN SPAIN TO USE PIONEERING OZONE THERAPY ACCORDING TO HEALTH OFFICIALS, MORE THAN HALF OF THOSE INFECTED WITH COVID-19 HAVE WON THE BATTLE AGAINST THE VIRUS

By Isha Sesay - 10 Apr ' 2020

<https://www.theolivepress.es/spain-news/2020/04/10/no-new-covid-19-deaths-in-balearic-islands-as-ibiza-clinic-becomes-first-in-spain-to-use-pioneering-ozone-therapy/?fbclid=IwAR1JcM7ywKQfKUhJAU1Oj4zUMzwSvXuJKEzw-qHFOZfNVk-unfrksQ77PQ8>

### ISRAELI PROFESSOR SHOWS VIRUS FOLLOWS FIXED PATTERN

Marina Medvin Posted: Apr 15, 2020

<https://townhall.com/columnists/marinamedvin/2020/04/15/israeli-professor-shows-virus-follows-fixed-pattern-n2566915?fbclid=IwAR27me6W1oHKEfdv8GYXScDRXJndMmMleJayBYn566ID0u9CIHyexhV2Yread>

(...) The numbers told a shocking story: irrespective of whether the country quarantined like Israel, or went about business as usual like Sweden, coronavirus peaked and subsided in the exact same way. In the exact, same, way. His graphs show that all countries experienced seemingly identical coronavirus infection patterns, with the number of infected peaking in the sixth week and rapidly subsiding by the eighth week. (...)

(...) It is a fixed pattern that is not dependent on freedom or quarantine. (...)



# Ozone RAINBOW AFTER STORM



## One by One that One



One day, an old man was walking along a beach that was littered with thousands of starfish that had been washed ashore by the high tide.

As he walked he came upon a young boy who was eagerly

throwing the starfish back into the ocean, **ONE** by **ONE**.

Puzzled, the man looked at the boy and asked what he was doing. Without looking up from his task, the boy simply replied,

"I'm saving these starfish. If I don't throw them back into the sea, they will die from the **lack of oxygen**, Sir".

The old man chuckled aloud, "Son, there are thousands of starfish and only one of you. What difference can you make?"

The boy picked up a starfish, gently tossed it into the water and turning to the man, said, "I made a difference to that **ONE**!"