



Dr Petr Simeon  
**Gajdos**



No. 1

SAMPLE CASE

# OZONUM

March 2020

I'm the FREEDOM-fighter,  
the POET, who LIGHTENS UP all,  
who honours the memory of those  
who died for YOU,  
sacred WORLD freedom!  
the FREEDOM to BREATHE IN freely  
in PROTECTED but INTERCONNECTED lives.

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## Acknowledgement

**Katerina Cizkova** for EN translation  
**Anne Schadde** for remedy proving

### Preamble

The client consented to publishing her case.

The transcription has been modified slightly for the communication to remain anonymous and consistent.

Case intake: March 2020 on the telephone (only an audio call).

The client: female 67, divorced, a son born in the marriage, now in pension, living alone in a solitary house by a forest

### Background of the case

There is lockdown in the country with anti-corona-epidemic measures in place. She received my contact details from a client who is also an O3 case. It has transpired among people that I am a respiratory physician. The reason for this funny error lies in the fact that I am treating respiratory infections now, at the time of the corona virus epidemic. In addition to healing a client, my goal is to obtain the necessary data from my field work which would help me perform an additional homeopathic analysis of the epidemic. However, I am a physician, trained in urgent medicine and intensive care, with homeopathy being my life passion. The difficulties of the client are specified in the call. This is not a corona virus infection.

The Ozonum No.1 sample case ranks among the shorter ones, having been taken in on the telephone. The remedy was clear to me shortly after beginning due to similarity with other Ozonum cases I saw. I let the interview continue to obtain new nuances and shades of remedy expression. Important phrases and metaphors are emphasised for easier orientation. A repertorisation rests on the shoulders of readers.

**Tip: [Mind; dreams; colorful; blue] - SKY BLUE**

### The OZONUM

Every additional Ozonum case makes me ponder and look for an answer to a question as to why the remedy has been indicated so widely. I have noticed that these are not only cases of a viral infection of the respiratory tract, but also cases which have significantly been affected by an indirect impact of the epidemic.

I have successfully prescribed the remedy also in the cases in which the condition of the clients reflects the "spirit of the time" (Zeitgeist), suffering from numerous and strict anti-epidemic measures and lacking any infection. In any case, the increase in prescriptions in my practice shows a clear temporal correlation with the arrival of the corona virus.

Please, see my articles on that topic, listed at the end of the case. The excerpt of the article **"SKY IS CLEAR TOMORROW"** was used originally in the first publication of this case.

### Interview

(verbatim)

Dr: physician, C: client

C: Hello. I received your contact details from XY, having said that you treat breathing difficulties.

Dr: Yes.

C: I would like to make an appointment, but I don't know how and where, when one is not allowed to go anywhere... in quarantine.

Dr: We can try it on the telephone, I have time now. Is it OK for you? C: So fast? ...I didn't expect it. Yes, yes ... it's just that ...I will have to walk my dog in a while.

Dr: We will try to make it. Tell me, what's the trouble?

C: Well ...if this is connected with those masks ... well, then I have **a stuffy nose and cannot blow it at all**. My **mucous membranes are entirely dry**, and sometimes I have a **dry mouth as well**.

Dr. OK.

C: But I tend to have this often. **It is worse in the morning**, and then during the day it gets sorted in a way. So... mostly after a meal and a walk .... With my dog outside in the forest ...so then it gets better.

C: Now I also have a **problem with my bronchial tubes**...I find **the pressure on my bronchial tubes** unpleasant ... I kind of have **an urge to cough, but cannot cough out anything** ...it's like I feel there that something **hinders me from breathing freely**.

Dr: Have you already observed this sometimes?

C: I don't know if this has to do with it ...in childhood, well ... it could have been between the age of 6 and 10 years, so I used to have **bronchitis regularly** ... so.. well ..ehmm... at least 2 to 3 times in the spring and winter ... they used to be very severe.

Dr: Can you describe them to me? Can you recall?

C: Yes, oh yes ... I was on the verge of **coughing my lungs out ... at night** I had to **sit and cough ... it was dry, it took some time before I could cough out something...** perhaps the tension in the family ...well, my father, you know ...well he and my grandma, his mother-in-law, did not get on very well ... well, there were no disputes, but **one could not breathe there. At home was a stifling atmosphere...**perhaps that may be the cause?

Dr: And what about weather?

C: Well, I don't like it here, in fact .... I mean here in the Czech Republic ... it's different by the sea ... when **the weather is muggy, I find it difficult to inhale, as if I could not fill my lungs fully at all.** And wearing these masks now ... that is ... I cannot breathe in it.

Dr: Yes?

C: Well ...it is very unpleasant for me... I cannot breathe well, it's a nuisance, **I feel isolated in it.**

C: My entire face is **sweaty**...yuck... and the sweat is itching me then...I cannot touch it with my hand ...well ...it makes me nervous, wanting to be in the car as soon as possible, being able to put the mask down. How can anyone endure it the entire day... or the physicians?

C: Two days ago, when **the sky was cloudless** ("the sky's been wiped clean"), **the sky was brilliant blue.** That was fantastic! Immediately, I had **a better mood and this calmed me down.** I actually live by a forest. I walked my dog and met a neighbour. I was in the forest, he in his garden. And so we started chatting...you know, without those masks... well, I don't know whether... you see ... we felt like plotters. Then, there were some two girls riding a bike past us, with that mask on. Oh my god, I and the neighbour said, they must be fucked, I'm sorry... instead of **breathing clean (fresh) air** in the forest, they cover themselves in masks.

C: Sometimes I feel that people do not even think! I only wear a cotton scarf in the forest, loose around my neck... well... if I meet someone, I will just pull it over my face. It's just that I **comply with those rules.** I do understand it (the rules) ... when... when I go shopping, but in the forest, excuse me ???

Dr: You said that a blue sky calmed you down?

C: Yes, this is perfect! **Brilliant blue!** It reminds me of a vacation by the sea ... this **beautiful clean air**, coming from the water, and also the sun, **as if it washed your lungs... this light breeze.... One can BREATHE in FULLY (entirely).** That is the best about it there! ....right in the morning... and also the **freedom.**

Dr: Will you tell me something about yourself as well, please?

C: I live alone in a little house by the forest. I have moved there recently from a city, which at a civil time...I mean without the epidemic is just great. There I can... I can do **what I want there and in my pace ... I have been tackling the issue of boundaries for years .... And here nobody hinders me.**

C: Now, at this time, it is stressful sometimes. Here, I ... I **do not have any support** here. When it started back in China, I went to buy the FFP3 respirator as a prevention to be prepared... and now ... now it cannot be worn, so **I'm screwed!!!**

C: I'm afraid...I'm afraid that if I contract it, **nobody would take care of me at all.** This has reminded me of those boundaries of mine... well, they closed the external borders and that was it!

Dr. Yes?

C: ....that it is important for me to maintain my own boundaries, unfortunately, I cannot do it well enough.

Dr: I don't understand what you mean, what can't you do?

C: Well...that is .. **either I close them completely or let everything move freely.**

Dr: Would you describe it to me in another way, please?

C: I like to travel and during communism I was upset that I could not travel anywhere, but now! ... well, it's different ... I am actually happy now that **the borders are closed and the infected may not come here. That I am somehow hidden here (inside).**

Dr: Yes, I understand. Anything else troubling you, other difficulties?

C: I have **vitiligo**. It's not an issue for me in the face ... it has **whitened** already ... nobody will notice that any more. Well, and the rest gets concealed in clothes ... but in the summer, to be able to be in the sun ... and not to spend the entire summer just **under an umbrella** or in clothes and with that hat on. You know, I like being in the garden, I work there outside ... and that is like... **when you are wearing that mask, it's like protecting yourself against the sun.**

Dr: I see, it's about the protection. Do you like sun?

C: The sun, I am fond of it, I love it! ... since my childhood ... it improves one's mood right away...the world looks happier, more colourful ...I used to like sunbathing, and now ... well, I cannot do it anymore (her voice becomes very sad).

Dr: Does it get worse (vitiligo)?

C: Ehmm... there are those **white dots and then they merge; I have it a lot in the summer**. First, they are small white dots ... **mostly in places where one sweats** ...the sweaty places at most ... then it grows bigger...and then ...it merges into one white patch. When the rest of the skin is tanned, it does not look nice. And one also must put on the strong sun screen.. otherwise the skin...is immediately sunburnt. And also, the **skin is dry, and not just the skin... it's actually the mucous membranes as well as the eyes and nose and inside the mouth**.

Dr: Anything else troubling you or anything in the past, anything significant?

C: I don't know whether during those activities ... earlier... I mean when I used to have an activity at work, and it was important for me. For instance, when I went on a business trip abroad to see to something for the company and I ...well, I was **worried what would happen, how I would cope**, well ... eventually, I always manage somehow...I was worried how it would turn out ... so at the airport for instance, I had to go to the loo three times ... I had ... it **caused mi diarrhoea. So I even went several times in a row**. Well, and after that meeting everything returned to normal again.

Dr: Yes.

C: I have..ehmm.. actually a constipation, mainly. And so **I go once in three days** or so. It's like as if I had a **cluster of hedgehogs** in my belly...when I push it's just terrible...it's better to let it go alone...or a suppository when I need to use it... then my belly aches... I mean the ...the intestines. When I have a bowel movement, I don't have an appetite for anything after that. I have to lie down and cannot do anything for an hour ... then it improves.

I also have a thyroid issue. I do not use hormones, but TSH is around 10 or so. I do not want the pills, **one becomes dependent on them and what if there were an outage**. Now you can see it, the epidemic, nothing works. It is as if a **neutron bomb exploded** here...**there is no one anywhere ...just the empty streets and empty houses**.

Dr: Yes?

C: It's like you become dependent and then just....what will happen then? ....**you will be left alone** ...you can also see it concerning the respirators, how the government did not purchase them in time....**they will leave you stranded. Nobody will help you**.

C: This probably also has to do with the thyroid, those fatigues of mine, I used to have them earlier as well. It's like sometimes as if a coffee...ehmm .. it is as if one is **UNPLUGGED and my head could fall** right into my coffee. I would be able to fall asleep standing, on the spot. **They will shut me down.** I have to go to bed or fight it, working in the garden.

Dr: I will ask additionally if there is anything disturbing you really significantly, I already know that the sea and the sky are your elements.

C: I don't know now... the sea and the sky, that's it. I don't like, I cannot watch it on TV at all, namely a surgery or when I **cut myself**. It's like my mum...she used to have pressure sores...when the doctor took a scalpel, I fainted.

C: I don't like it. **One must be careful.** I don't even have sharp knives at home in order not to get injured. I wouldn't be able to cope... **the blood and when something moves outside where it does not belong.** The outer part must maintain a **structure, protecting the inside, the soft and sensitive part.** When it is exposed and gets outside....yuuuuuck ...that is so disgusting .... Those slimy pink tissues.

Dr: Yes?

C: So I don't sharpen the knives and cut with the blunt ones...but injections are not my thing, either... I kind of close my eyes and somehow survive the (blood) tests, but I cannot imagine if they were to prick my eye!

Dr: I don't understand, is there anything wrong with your eyes?

C: Well, they are **dry** often...well, there is this sand...but the left eye is worse...there I sometimes feel as if ...as if it popped out energetically, I feel that it is **energetically larger than the right one.** So I used those recommended homeopathics... it was Euphrasia ...it helps for a while, but otherwise it does not do anything.

Dr: I did not understand the injections into your eye?

C: Jesus, YUUUUUCK, it wasn't me, but my son had a thrombosis of a vessel in his eye and he can cope with it. I would rather go blind than having something injected into my eye! ...I ...I ...would not be able to cope with it... **I cannot stand it when I am intruded.** And also those physicians, they scare you with those diagnoses, and so I prefer not to visit them, what would I learn again! **I prefer to stay in peace and quiet in my own house,** so you may think I act stupid...but ...ehmm... you know, you can read it everywhere, where the physicians damaged the people and their interventions!

Dr: I understand. Is there anything else you want to tell me before we finish it?

C: ehmm ..I often develop some kind of herpes or what it is, such small **blisters in the throat**...there at the back ..but they subside on their own. I gargle MMS (**CHLOR** dioxid) for it. I believe it helps.

Dr: I will send you a medication to clear your breathing, adding a little of blue sky into the vial, so that it takes effect immediately. :-)

C: ...well, I would like to see how you will do this!...(laughter) ..I wish for it to be effective, mainly! They gave me Calcarea and I used some Schussler salts, I also had Arsenicum and Sepia ...yuuuuck disgusting... like that animal! ... so many arms and legs. Well, this did not do anything...so I don't know ...if you put a little bit more of the sky in...(laughter) ...well, that would only make me happy!

Dr. It may be premature to ask you so upfront. Would you consent to publishing your story. Anonymously, of course. I believe the time has come when many people cannot breathe freely.

C: If it helps, I believe when...when this helps the others, no problem.

Dr. Contact me right on the following day after the first dose, so that I know what it does.

C: I will feel it right away?

Dr. If we hit the target, in my experience, I believe so.

C: Well, that would be something!!!

**Rx:**

**OZONUM LM1** drops daily



## Follow-ups

On the telephone on the following day after the first dose.

C: ... well, I don't know whether this is done by that ingredient of yours from the sky... (laughter) ... well, after the first dose...well, not immediately in the evening...but in the morning ..in the morning, my **nose was clear** ...so, good!

C: But the right ear! ...it was **clogged inside**, kind of from the inside... it got clear after a while, and I also **coughed out some mucus in the morning** ...as unclogged... but what...what is actually significant...is mainly the **feeling of FREEDOM**...somehow overall, **I can also breathe freely.**

Dr: Will you describe it for me, please?

C: Well...ehmm ...I don't know... well, how to describe it specifically...that's probably not possible...but I can feel it...overall...better and more free.

Dr. Well, excellent. Please continue using the dose. I know it will only get better. Let me know whenever you need, but certainly in 14 days.

*I already wanted to end the call but she interrupted and continued:*

C: Ehmm, I also noticed that when walking my dog I was **walking more upright**,... normally, I walk with a hunched posture, **hiding the lungs**...the bronchial tubes ... as I used to visit a doctor due to my back, due to pain, then I was supposed to walk upright, I could do that just for 14 days. I realized it at once. I realized that I was walking in another manner than otherwise, as in the past, **straightened up.**

Dr: OK. What is it like for you to straighten up?

C: I somehow feel more self-assured, well, more **self-assured.**

C: And the skin is like the mask on the mouth, it occurred to me, **protecting something inside. That something in order for it not to get injured.**

Dr: OK. So ...

*She commented:*

C: This I would compare to Euphrasia, which also immediately worked for my eye, and I can see a result right on the following day, I can see that something is going on.

Dr: Excellent, I am happy with you. Keep the dosage as we agreed.

C: Thank you very much, doctor. I'm relieved!

= FINIS=

## OZONUM - the remedy of our time

I expressed my belief since the beginning of epidemic that **the remedy Ozonum covers a wider indication range** compared to the conventional definition of a disease-centered genus epidemicus (DCGE).

I am convinced that the Ozonum dynamic very well resonates with contemporary challenges we have experienced globally and on an unprecedented scale. It ranks the highest among the prescription in my practice. In my modest opinion Ozonum deserves to be called due to its wide range of applications **THE GLOBAL IMPACT REMEDY**.

It seems to me that the dream of the inner reality of ozone has become a dream of global (and consensual) outer reality of contemporary life in general. This is, from my point of view, the PQRS in this particular coronavirus pandemic.

I start to call ozone after seeing numerous cases and understanding more the underlying dynamism the protector of life space and primordial breath of life.

I would like to also invite you, each of you, to cooperate on the **GIW (GIVE) - Global Impact World project**. I dream to do a multi-centric homeopathic epidemic study and every hand, brain and heart will be needed and appreciated.

I believe we can do a great deal for mankind and the world as homeopaths now. I think that if we carefully document each successful Ozonum and another prescription, we will collect a statistically significant sample together. Consequently, we can present clear evidence of benefits of homeopathy and its effectiveness in service society and humankind.

Soon I will launch the webpage called:

[www.GLOBAL-IMPACT.world](http://www.GLOBAL-IMPACT.world)

My team is working hard to make the website ready for you. It is still under construction.

Do not hesitate to contact me in need of further clarification.

With best regards and wishes of well-being,

Dr Petr Simeon Gajdos (CZ)

## Copyright

The articles and cases written by me are for free distribution among homeopathic professionals or homeopathic bodies and schools. Please, quote always the source. Do not share it on Facebook among the larger public - it is only for professionals. Articles are copyrighted.

## Disclaimer

Despite an exponential growth of Ozonum prescription I continue to have an individual approach to my clients, as the cases presented up to now have shown. **I do not prescribe it at random or in a blanket manner.** To honour and respect individuality of the person is the desirable conditio sine qua non.

## Published articles

- **OZONUM - remedy of our time** - the first letter about Ozonum
- **OZONUM PENTACHORD EN** (latest update v1.5) - Rx pointers
- **OZONUM - BEHIND THE TRANSPARENT LAYER** - The Ozonum Trinity
- **HOMEOPATHIC OZONUM GLOBAL TRAVEL AGENCY** - air traveller Ozonum/CoV19
- **TO ALL HEAVENLY ANGELS** - condensed MM of Ozonum in EN/FR/DE/CZ
- **The OZONUM No.K** sample case
- **The OZONUM No.S** sample case
- **The OZONUM No.L** sample case
- **The OZONUM No.I** sample case
- **The OZONUM No.M** sample case
- **The OZONUM No.V** sample case
- **The OZONUM No.H** sample case
- **The OZONUM No.P** sample case
- **The OZONUM No.R** sample case
- and more cases will follow

## Links

**THE PANDEMIC - AIRBORNE PARTICLES MAY BE ASSISTING THE SPREAD OF SARS-COV-2**  
| Science and technology | The Economist [26 MARCH 2020]

<https://www.economist.com/science-and-technology/2020/03/26/airborne-particles-may-be-assisting-the-spread-of-sars-cov-2>

**CHINESE FOREST FIRE: FIREFIGHTERS AND GUIDE KILLED IN SICHUAN BLAZE**

[31 March 2020]

<https://www.bbc.co.uk/news/world-asia-china-52103106>

# Ozone

## ACKNOWLEDGEMENT



### One by One that One



One day, an old man was walking along a beach that was littered with thousands of starfish that had been washed ashore by the high tide.

As he walked he came upon a young boy who was eagerly

throwing the starfish back into the ocean, **ONE** by **ONE**.

Puzzled, the man looked at the boy and asked what he was doing. Without looking up from his task, the boy simply replied,

"I'm saving these starfish. If I don't throw them back into the sea, they will die from the **lack of oxygen**, Sir".

The old man chuckled aloud, "Son, there are thousands of starfish and only one of you. What difference can you make?"

The boy picked up a starfish, gently tossed it into the water and turning to the man, said, "I made a difference to that **ONE**!"