



OZONUM



THE REMEDY OF OUR TIME

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DEAR COLLEAGUES AND FRIENDS,

hope you are keeping well in such tough times.

I reside in the Czech Republic and work as urgent medicine doctor and intensivist. Homeopathy is my long life hobby and love.

I would like to share my experience and ideas. We are now facing a global situation of coronavirus pandemic we haven't encountered during the modern era in such scale yet. I'll try to keep my letter to the point and as condensed as possible.

There is certainly an additional component to the current pandemic. I perceive it not only as physical illness but also as a **medical** and **ecological** and **socio-cultural-political phenomenon**.

I call changes facilitated by the pandemic the "**global impact**".

My thinking is influenced by the work of a French philosopher **Michel Foucault**, who talked about social transfigurations triggered by the outburst of epidemic.

Have you seen before, during SARS, MERS, etc., such a huge shift in human society? Have you seen ever before such a fear, panicking people,

depleting stock of respirators and food stores, and governments responding with fear and panic too, instead of rational and structured evaluation of situation and optimised measures? What about closed borders, cancelled flights, and isolation of people into a national or personal **bubble** (biohazard gear included).

Those who are affected severely by SARS-CoV-19 pneumonia are suffocating despite ventilatory support, some died already. The **feeling of suffocation** is experienced in different context by people isolated in biohazard gears and behind respirators, too. Many seems to be hungry for oxygen and **freedom to breathe freely**, symbolically too.

I would like to point out that there were very interesting events on global extent preceding outburst of coronavirus pandemic. Greta Thunberg's message, a huge fire in Australia/ Siberia, deforestation protests in Amazonia, immigration crises in Europe as well as on USA/Mexican borders. Riots in Hongkong and wish to separate from China. The Brexit happened in Europe. After closing borders and all other measures applied by governments as a reaction to CoVid-19, immigration crisis in Europe seems to be sorted for now.



There is certainly a difference between current coronavirus outbreak comparing to previous pandemics despite the fact that the viral infection itself, from somatic point of view, is not that much different.

In my opinion, these factors should be taken into account whilst searching for possible homeo-pathic remedies. So I keep asking myself what is the **genius** of the disease with such a global impact?

I present **three** cases of Ozonum. Despite the difference in the background situation, the similarity is striking.

- *The OZONUM sample case No.K* is a girl recovering from viral respiratory tract infection (not-tested SARS-CoV-19).
- *The OZONUM sample case No.S* is a pharmacist exposed to challenging circumstances by providing the healthcare service.
- *The OZONUM sample case No.L* could be considered as the evolution of chronic prescribing

Best to read in this order (K-S-L)¹.

You may notice I do not draw a clear demarcation line between chronic and acute, between epidemic or sporadic, between coronavirus positive or negative. ¹¹.

I simply reflect the observation that there are surprisingly more clients needing Ozonum nowadays and the purpose of the message is to draw the **attention to the remedy**. Its indication should be confirmed by analysis in every case.

I deliberately avoid to name the remedy genus epidemicus. George Vithoukas published his opinion in March this year. He said we do not have enough cases to be able to generalize nor we have got the chance from the public to treat patients homoeopathically on a large scale. I understood that Vithoukas considers such attempts futile (to find a set of genus epidemicus remedies). I mostly agree with his point of view.

To prevent empty ideological arguments, I declare that my goal is solely to draw attention to the remedy. To ease the selection from our homeopathic armoury (whenever suits the case) to alleviate the malady of our clients.

I'm not presenting number of prescriptions which I consider misleading from my perspective. Here are some general well-known and personal reasons:

1. I can't claim any success of the remedy whenever is given prophylactically. People are self - isolated and there is no way how to



1. measure whether exposure to the virus is prohibited by the remedy or self-isolation.
2. I can't claim success whether it is given to people suffering from viral infection in the range from the mild to moderate (not too severe) course of disease. The CoVid -19 infection is for most people self-limiting illness and they will recover regardless of homeopathic treatment.
3. I haven't treated homoeopathically anybody with severe SARS-CoV-19 because they are handled in hospitals under supervision of the authorities.
4. There is the **co-occurrence** of seasonal flue and other viral respiratory tract infections and not all cases are tested.
5. I do not believe there is **only one** possible remedy for all affected people and the individualized evaluation of every case is imperative for me.
6. I prescribed the remedy even to people who did not show any signs of coronavirus or any other infection and were still in need of the remedy.

I'm in modest opinion the **dynamism of OZONUM** suits the current global event in broader perspective and not only coronavirus epidemic or coronaravirus test positivity per se.

Dear colleagues, please take into consideration that the case intakes were all conducted in the Czech language.

English is not my first language and there are certain imperfections in the translations **III.**, however, for the sake of **authenticity** of client's expression and meaning, I left the text as close as possible to the original.

In case of any question do not hesitate to contact me.

I wish you all the best.

Yours sincerely

Dr Petr Simeon Gajdos

22nd of March 2020
Pilsen, Czech Republic

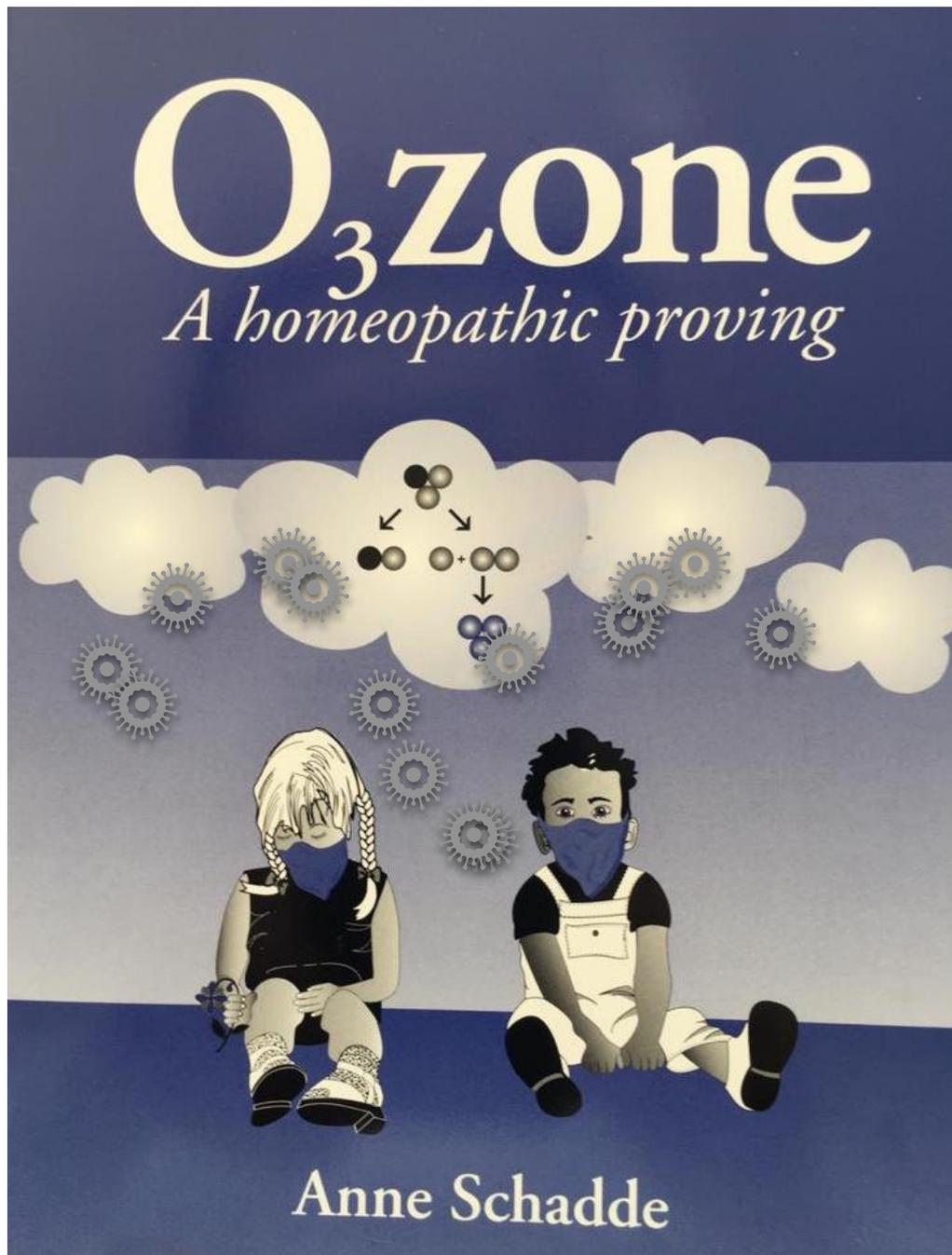
Notes:

this is edited version of original letter which was published 23rd March 2020 in the WISH newsletter

I. mores sample cases were published since 23rd of March: No.I, No.V and No.M

II. addition: also not between outer or inner reality, between dream/delusion or reality

III. and many spelling mistakes or letter omissions due to fast delivery of articles and cases to readers among homeopathic community



OZONE - A HOMEOPATHIC PROVING



**ANNE
SCHADDE**

Special thanks and gratitude for
the remedy proving.